

Trigger



Description of Flashback



Rate the intensity of the flashback on a scale of 1-5. Write the number in the box to the left.

What I Did + Ways to Cope in the Future

Trigger



Description of Flashback



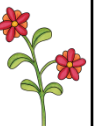
Rate the intensity of the flashback on a scale of 1-5. Write the number in the box to the left.

What I Did + Ways to Cope in the Future

Trigger

Description of Flashback + Rate Intensity of Flashback on a Scale of 1-5

What I Did + Ways to Cope in the Future



Trigger

Description of Flashback + Rate Intensity of Flashback on a Scale of 1-5

What I Did + Ways to Cope in the Future

# Credits



[Educlips](#)

-Thank you for the frames!



[Creating4 the Classroom](#)

-Thank you for the arrows!



[Kate Hadfield Designs](#)

-Thank you for the flower!