Trigger

Description of Flashback

Rate the intensity of the flashback on a scale of 1-5. Write the number in the box to the left.

What I Did + Ways to Cope in the Future
Trigger

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What I Did + Ways to Cope in the Future
Trigger

Description of Flashback + Rate Intensity of Flashback on a Scale of 1-5

What I Did + Ways to Cope in the Future
Credits

Educlips
- Thank you for the frames!

Creating4 the Classroom
- Thank you for the arrows!

Kate Hadfield Designs
- Thank you for the flower!