

TERMINATION ACTIVITY: WHAT I WILL TAKE WITH ME

YOU CAN GIVE CLIENTS ONE OF THE SHEETS BELOW AND HAVE THEM FILL OUT THE “THINGS THEY WILL TAKE WITH THEM” AFTER LEAVING. EXAMPLES INCLUDE:

- COPING STRATEGIES
- MEMORIES
- POSITIVE AFFIRMATIONS/MANTRAS
- HOTLINES/EMERGENCY CONTACTS/PEOPLE IN THEIR SUPPORT SYSTEM
- SKILLS LEARNED (I.E. ANGER MANAGEMENT, CONFLICT-RESOLUTION)
- REASONS WHY THEY HAVE HOPE
- PROGRESS MADE/GOALS MET



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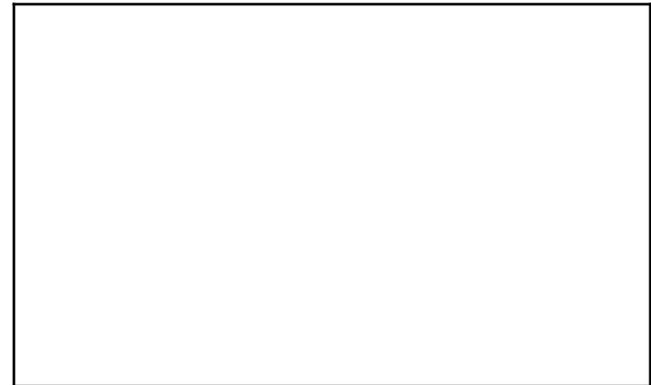
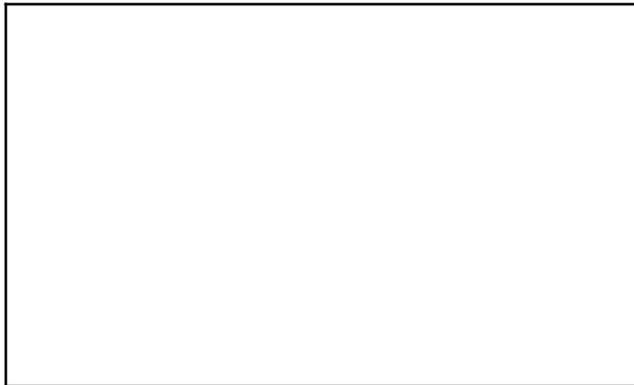
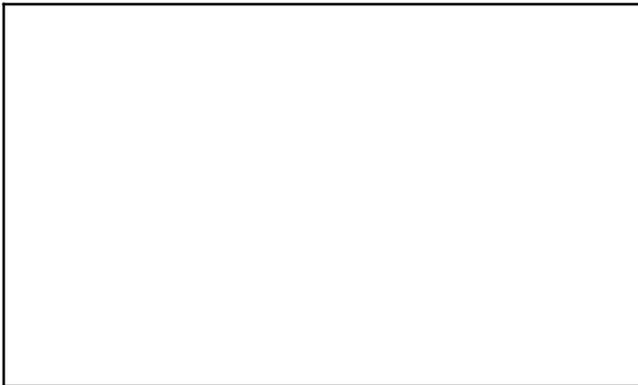
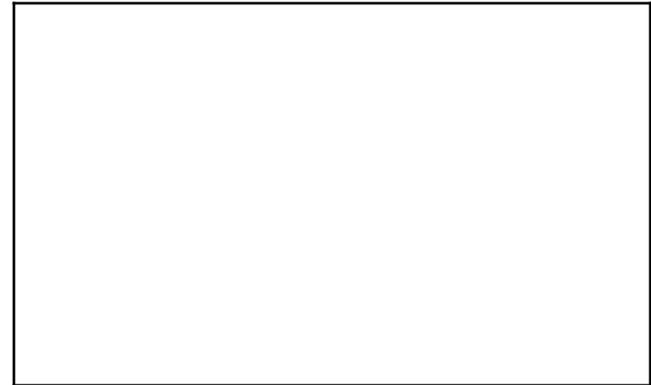
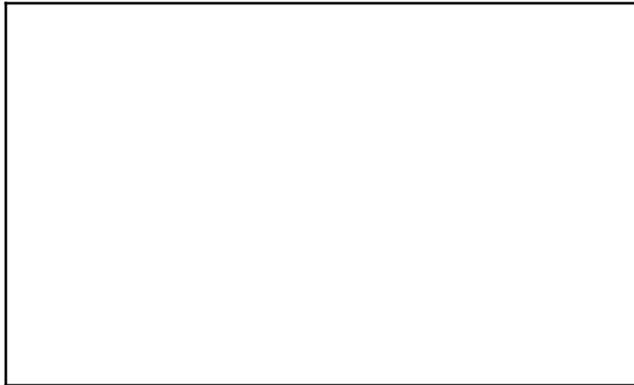
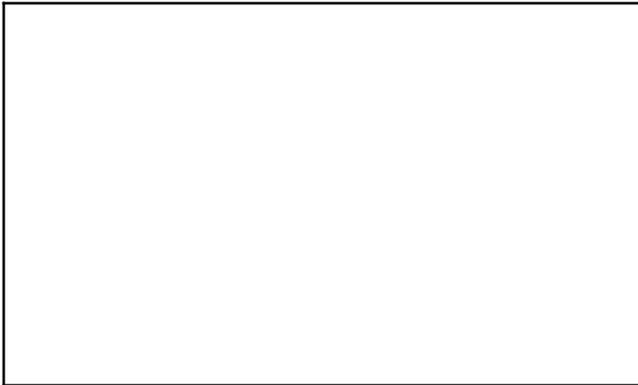
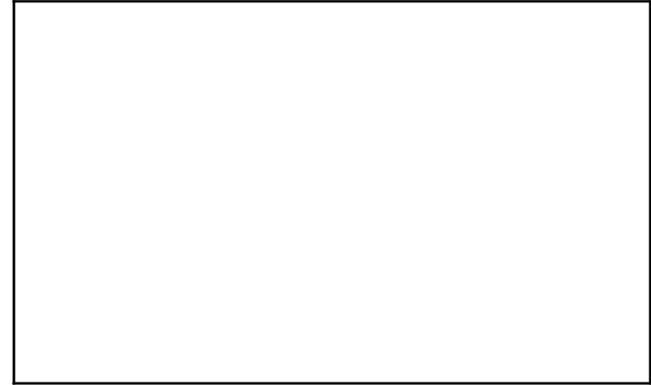
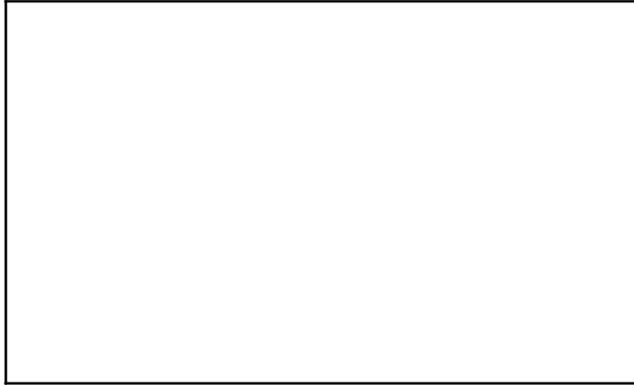
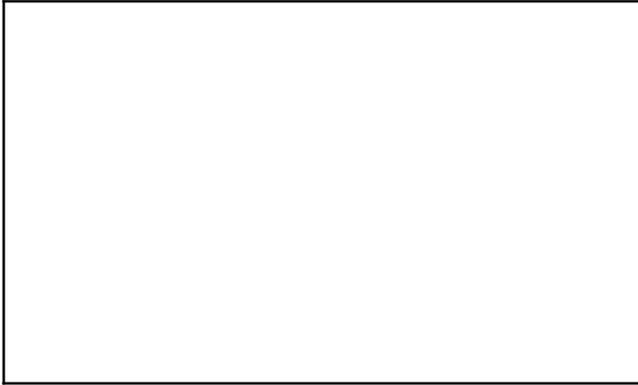
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CREDITS



[THE INSPIRED KIWI](#)

-THANK YOU FOR THE WATERCOLOR LABELS!



[EDUCLIPS](#)

-THANK YOU FOR THE CLIPART!



[PAULA KIM STUDIO](#)

-THANK YOU FOR THE CLIPART!



[DANDY DOODLES](#)

-THANK YOU FOR THE FLOWERS!