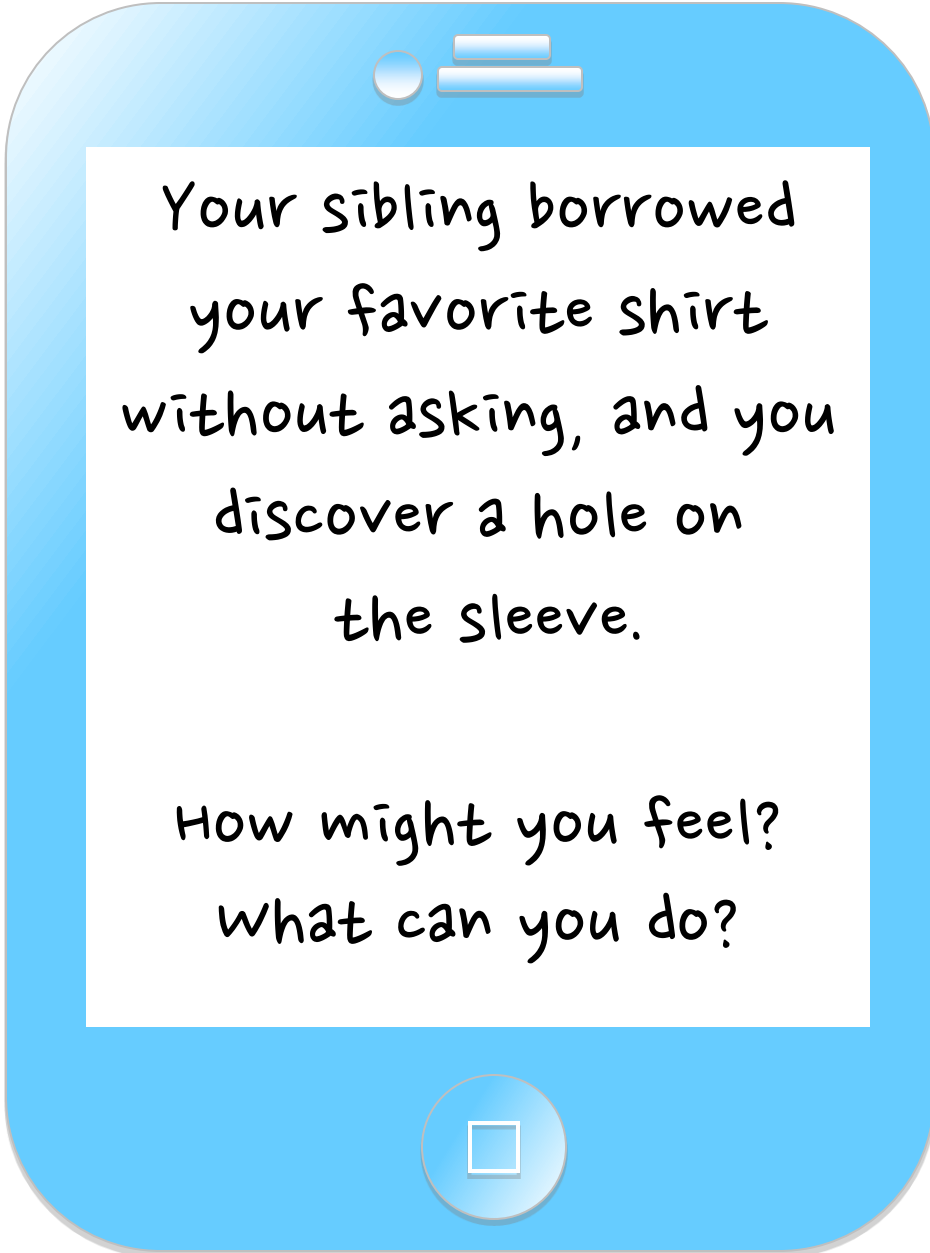
A pink smartphone frame with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

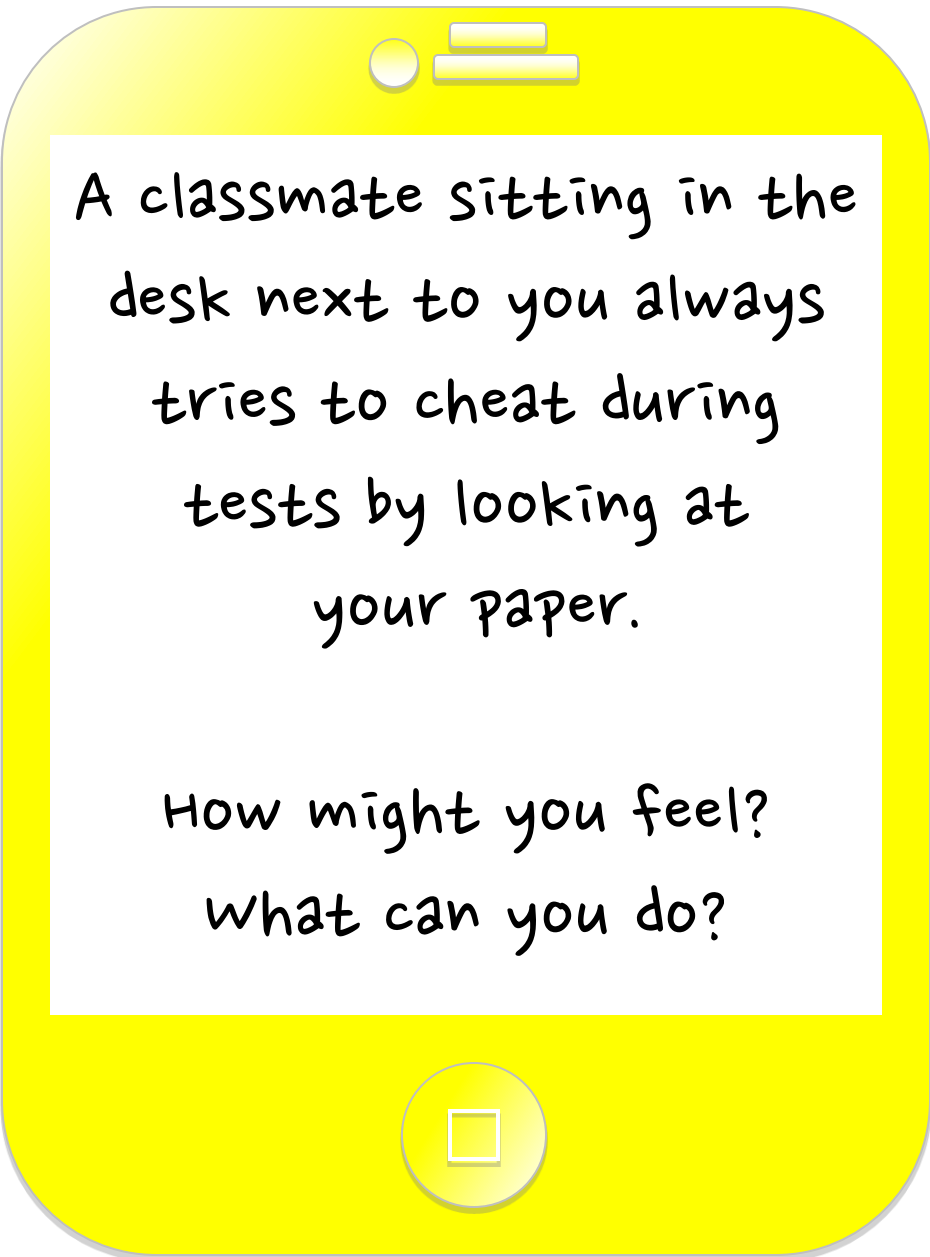
You find out that a
classmate is gossiping
about you behind
your back.

How might you feel?
What can you do?

A blue smartphone frame with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

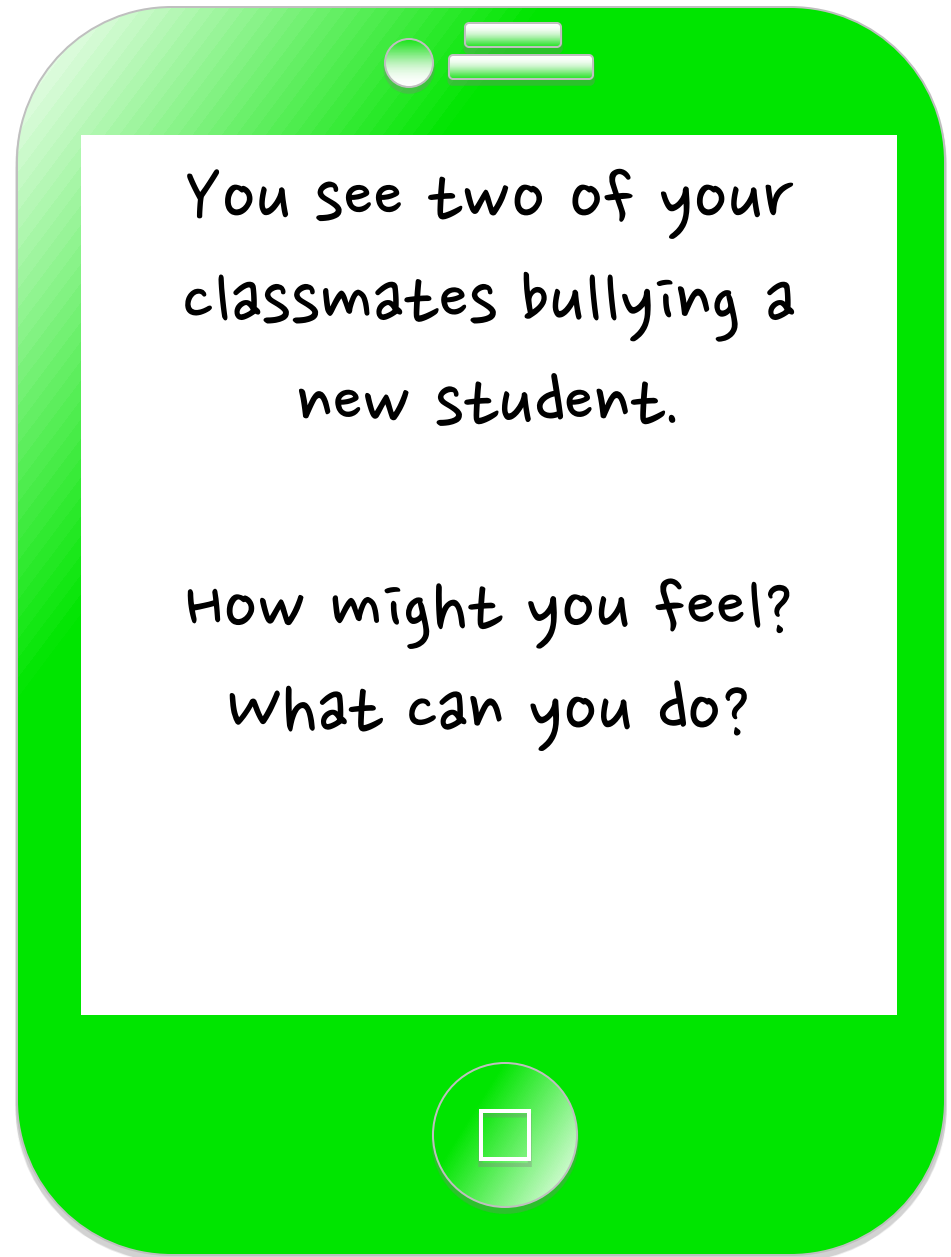
Your sibling borrowed
your favorite shirt
without asking, and you
discover a hole on
the sleeve.

How might you feel?
What can you do?

A yellow smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a circular home button with a square icon inside. The screen contains two paragraphs of text.

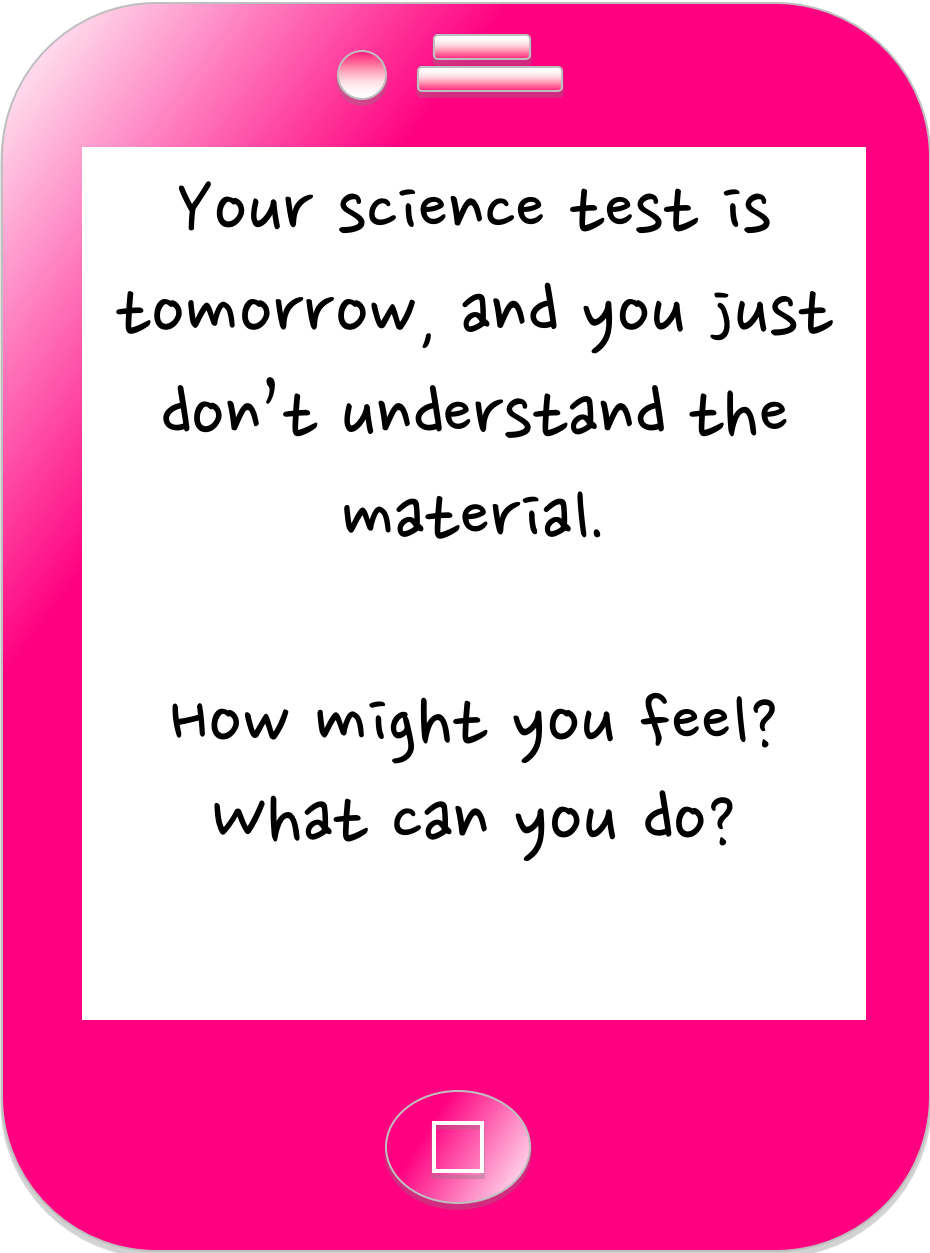
A classmate sitting in the desk next to you always tries to cheat during tests by looking at your paper.

How might you feel?
What can you do?

A green smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a circular home button with a square icon inside. The screen contains two paragraphs of text.

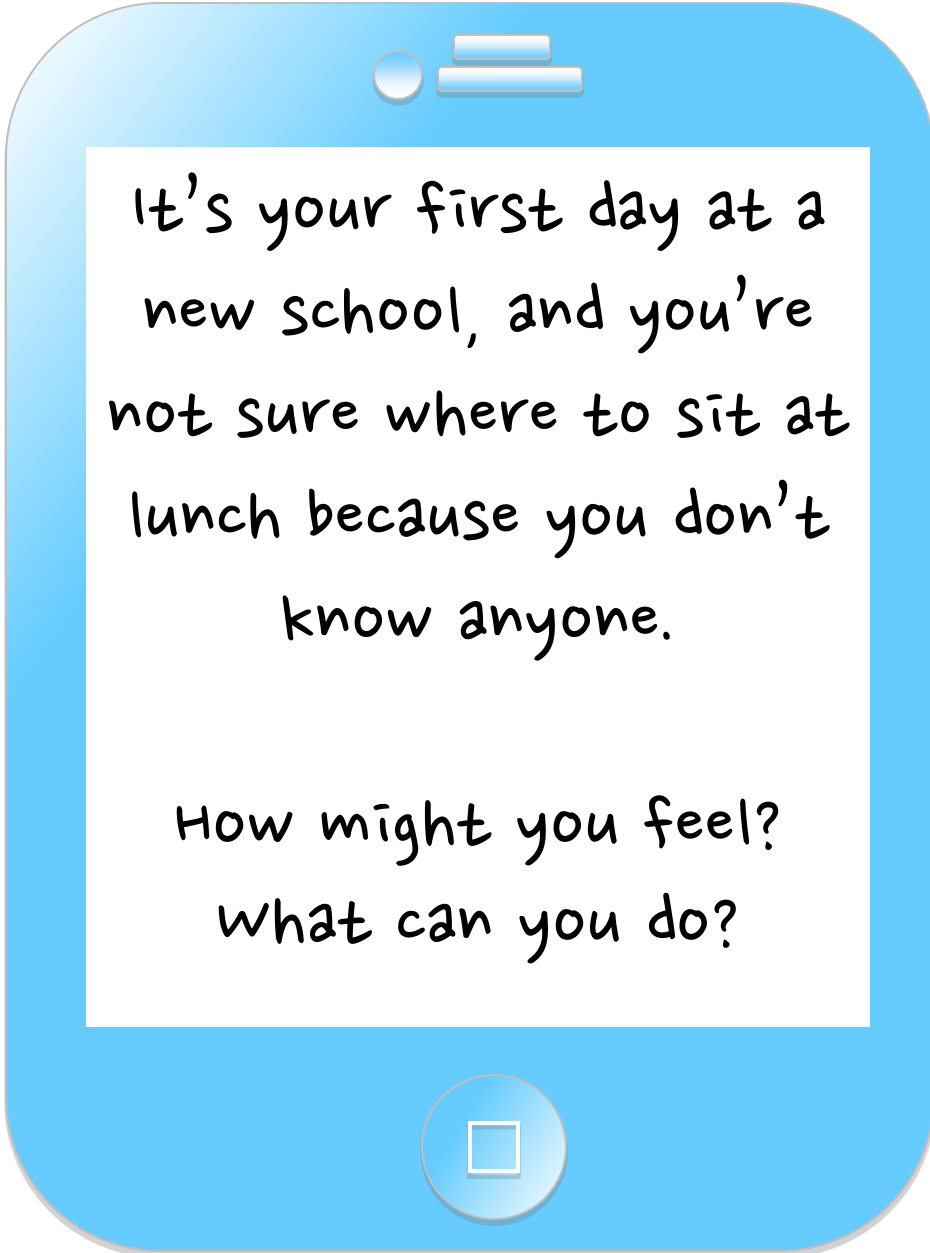
You see two of your classmates bullying a new student.

How might you feel?
What can you do?

A pink smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

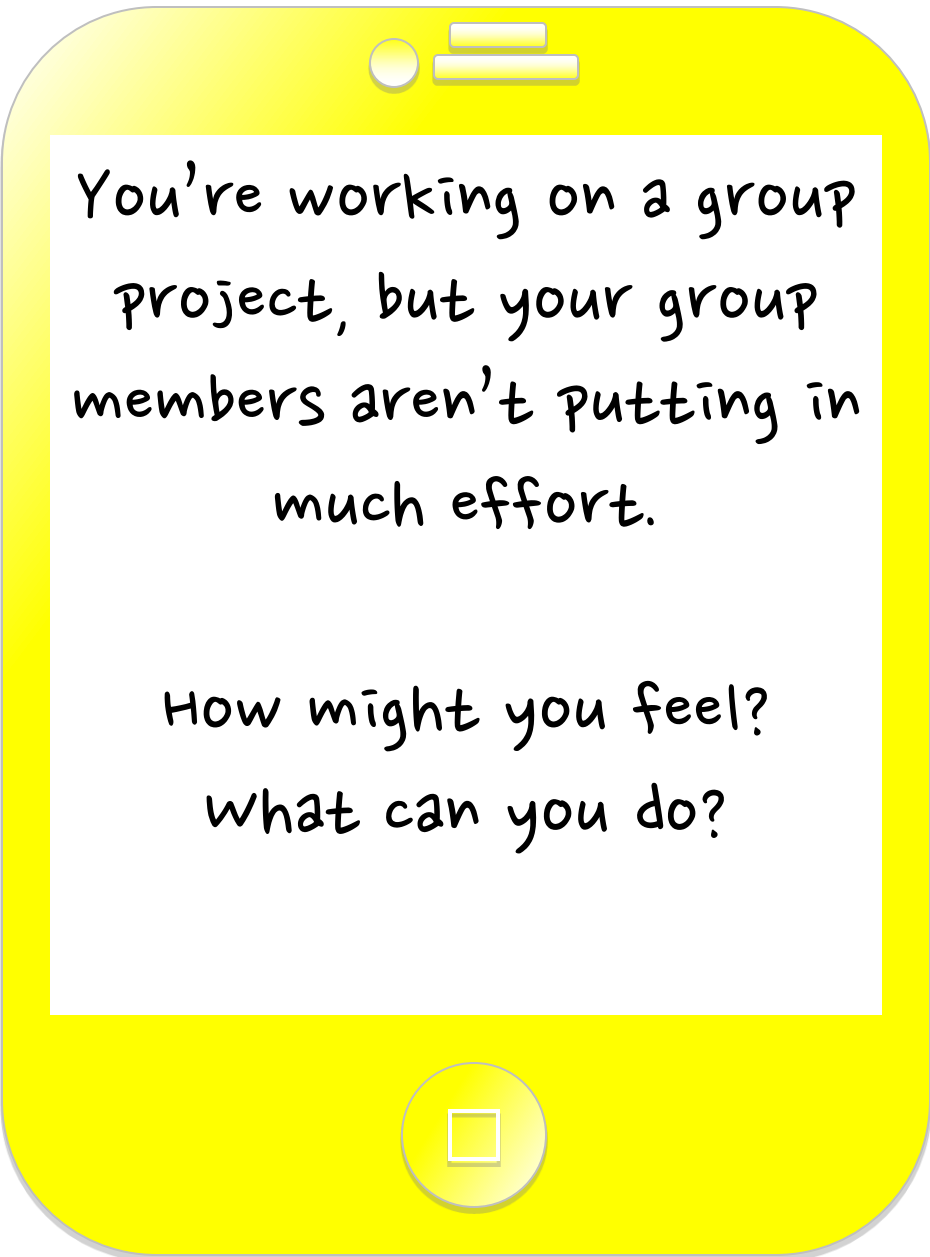
Your science test is tomorrow, and you just don't understand the material.

How might you feel?
What can you do?

A blue smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

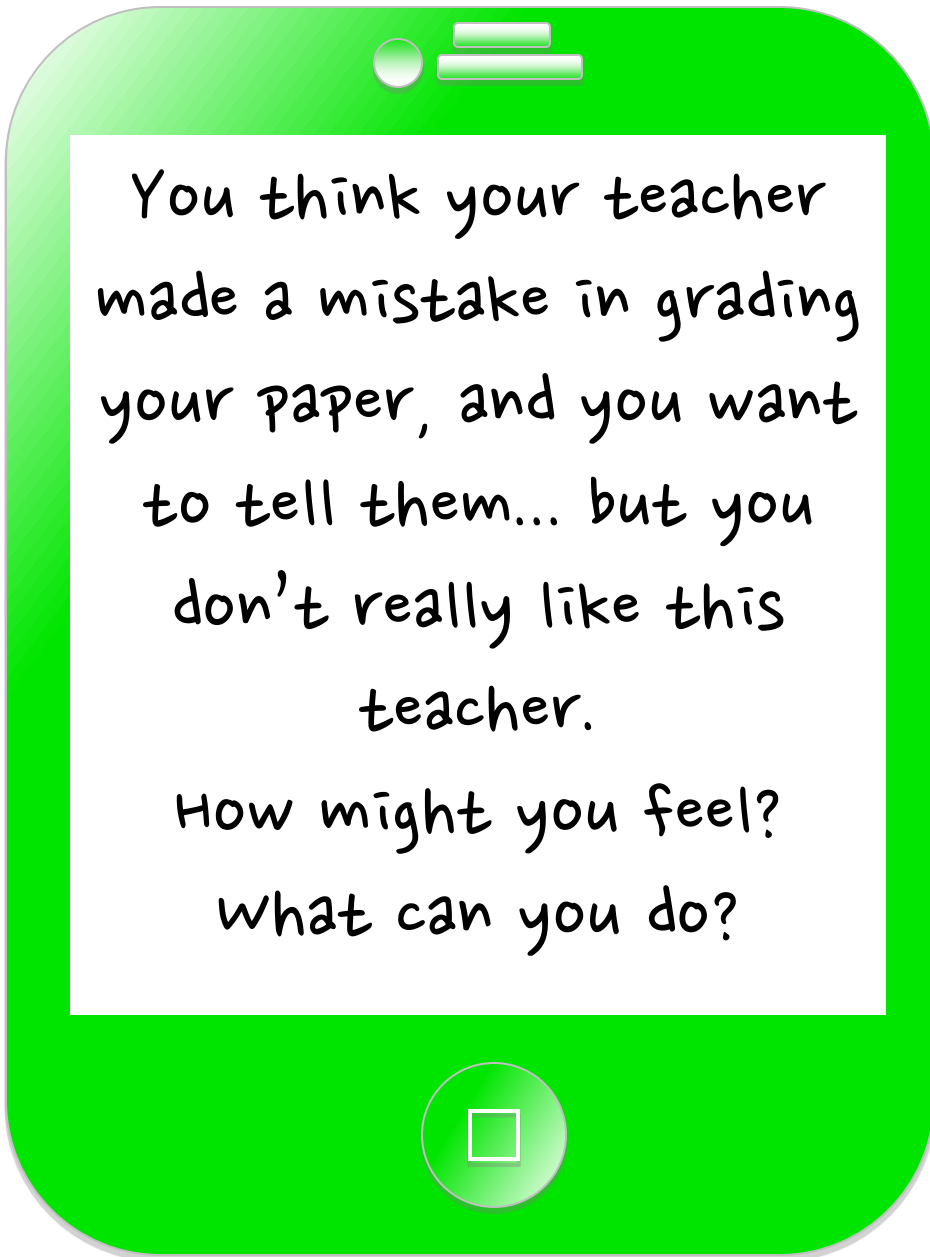
It's your first day at a new school, and you're not sure where to sit at lunch because you don't know anyone.

How might you feel?
What can you do?

A yellow smartphone graphic with a white screen. At the top, there is a white circle and a white rectangle. At the bottom, there is a white square inside a white circle.

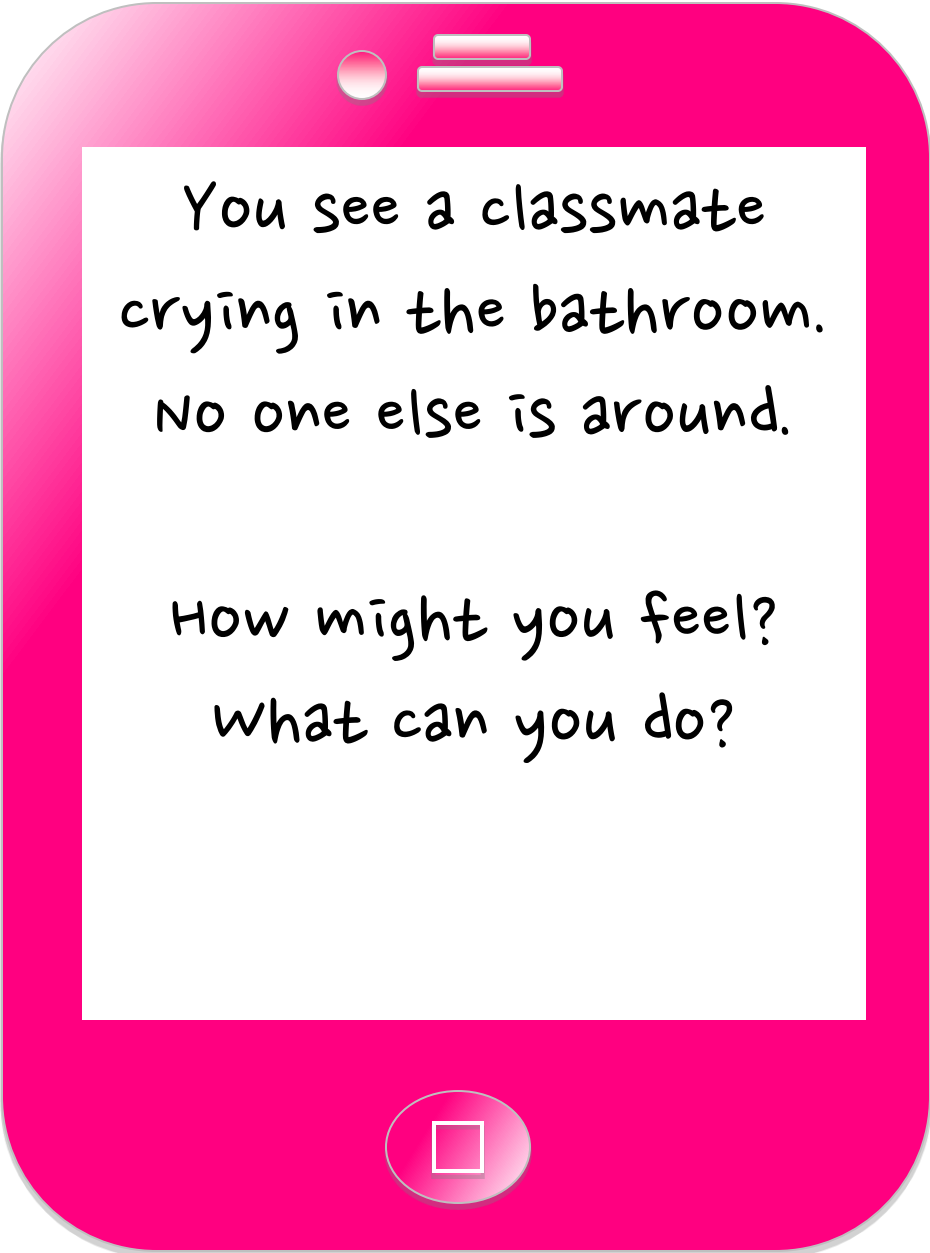
You're working on a group project, but your group members aren't putting in much effort.

How might you feel?
What can you do?

A green smartphone graphic with a white screen. At the top, there is a white circle and a white rectangle. At the bottom, there is a white square inside a white circle.

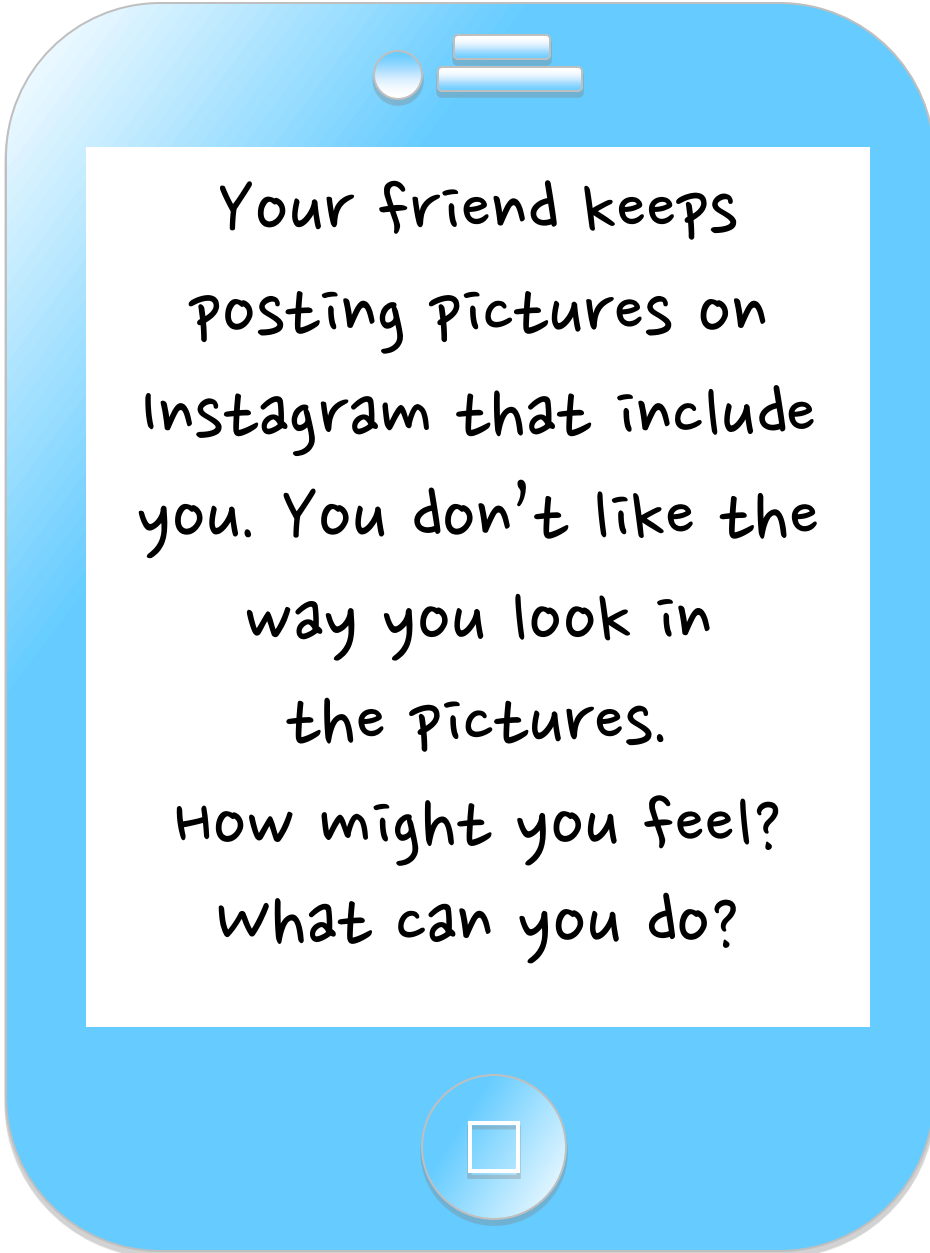
You think your teacher made a mistake in grading your paper, and you want to tell them... but you don't really like this teacher.

How might you feel?
What can you do?

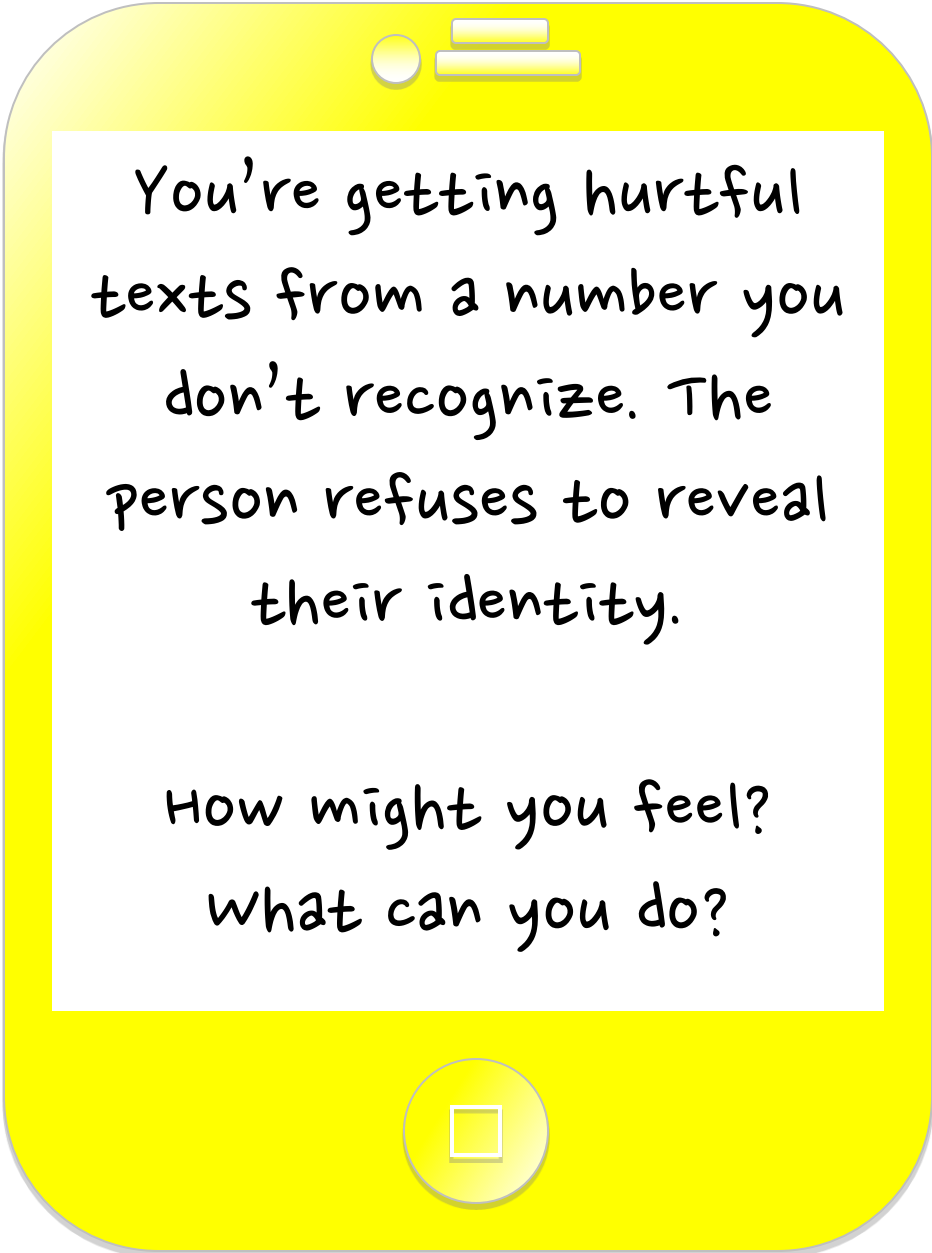
A pink smartphone icon with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

You see a classmate
crying in the bathroom.
No one else is around.

How might you feel?
What can you do?

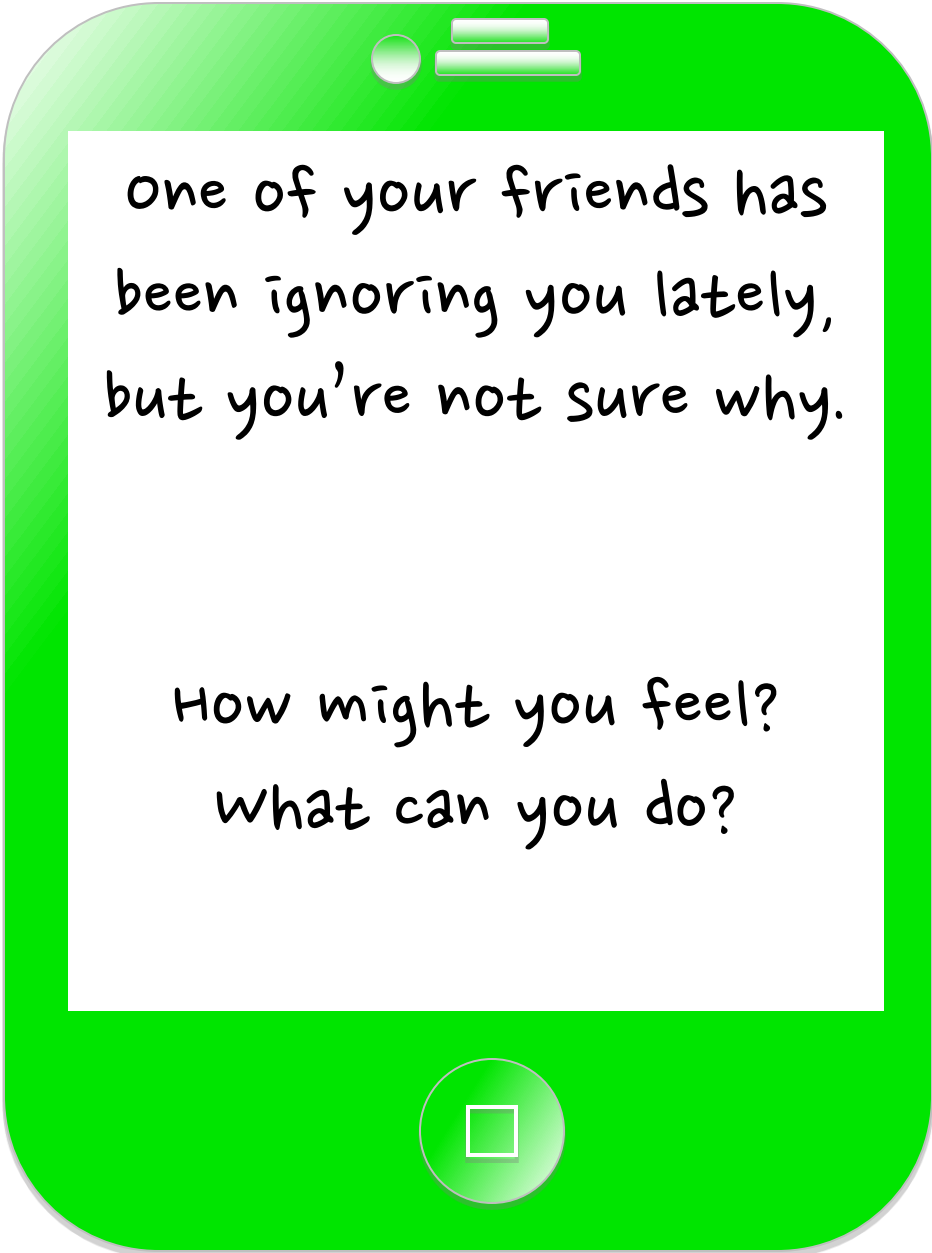
A blue smartphone icon with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

Your friend keeps
posting pictures on
Instagram that include
you. You don't like the
way you look in
the pictures.
How might you feel?
What can you do?

A yellow smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a circular home button with a square icon inside. The screen contains the following text:

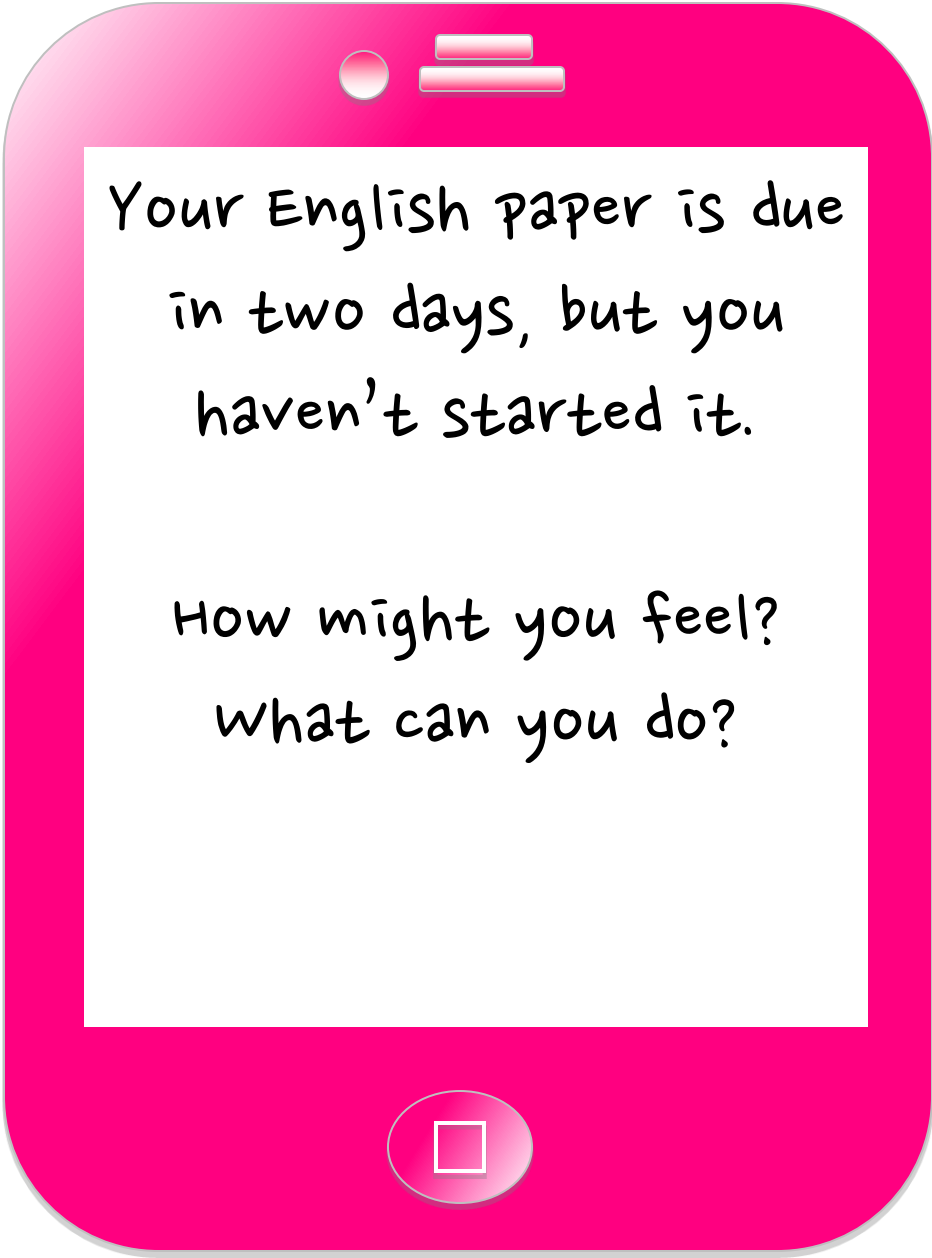
You're getting hurtful
texts from a number you
don't recognize. The
person refuses to reveal
their identity.

How might you feel?
What can you do?

A green smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a circular home button with a square icon inside. The screen contains the following text:

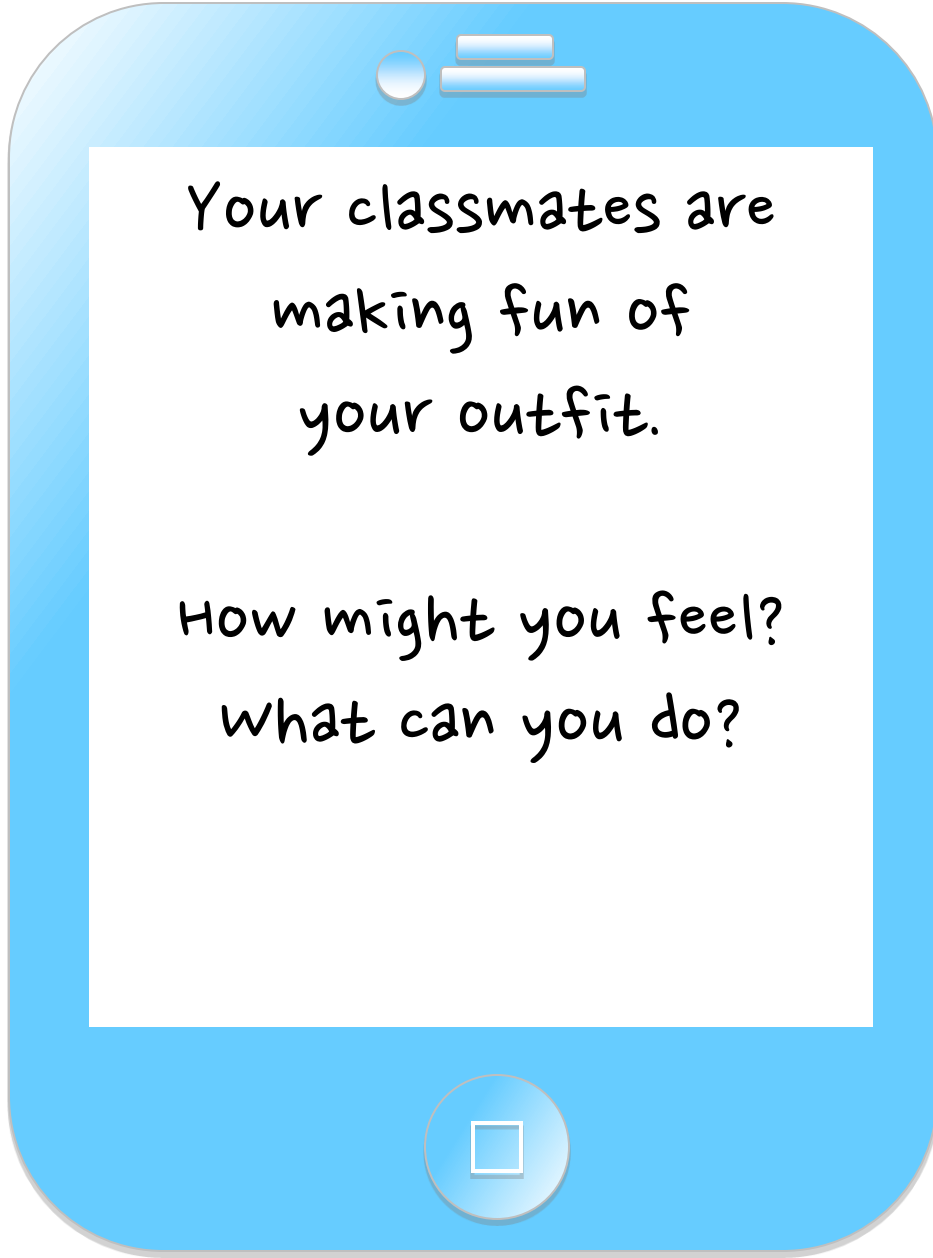
one of your friends has
been ignoring you lately,
but you're not sure why.

How might you feel?
What can you do?

A pink smartphone frame with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a circular home button with a square icon inside.

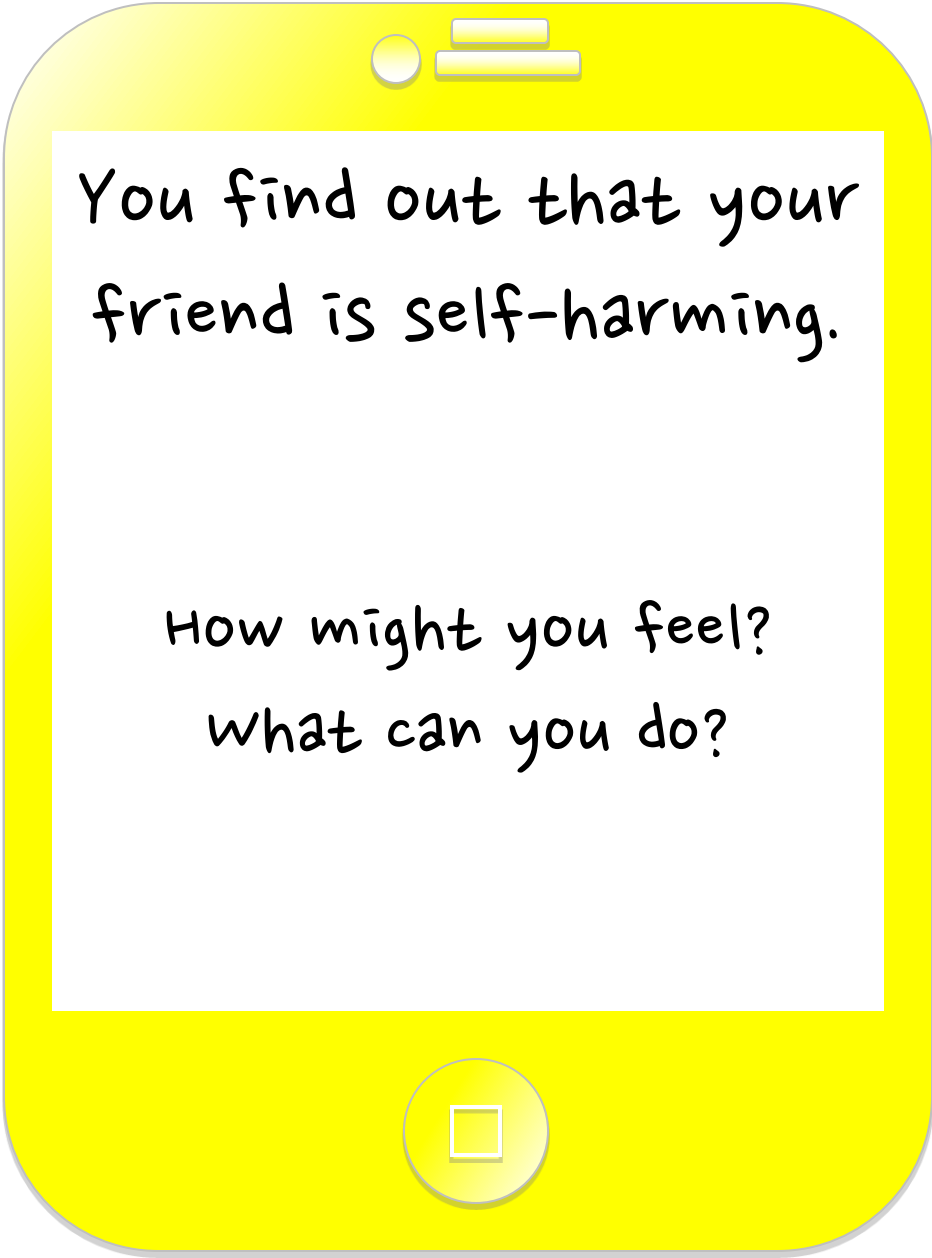
Your English paper is due
in two days, but you
haven't started it.

How might you feel?
What can you do?

A blue smartphone frame with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a circular home button with a square icon inside.

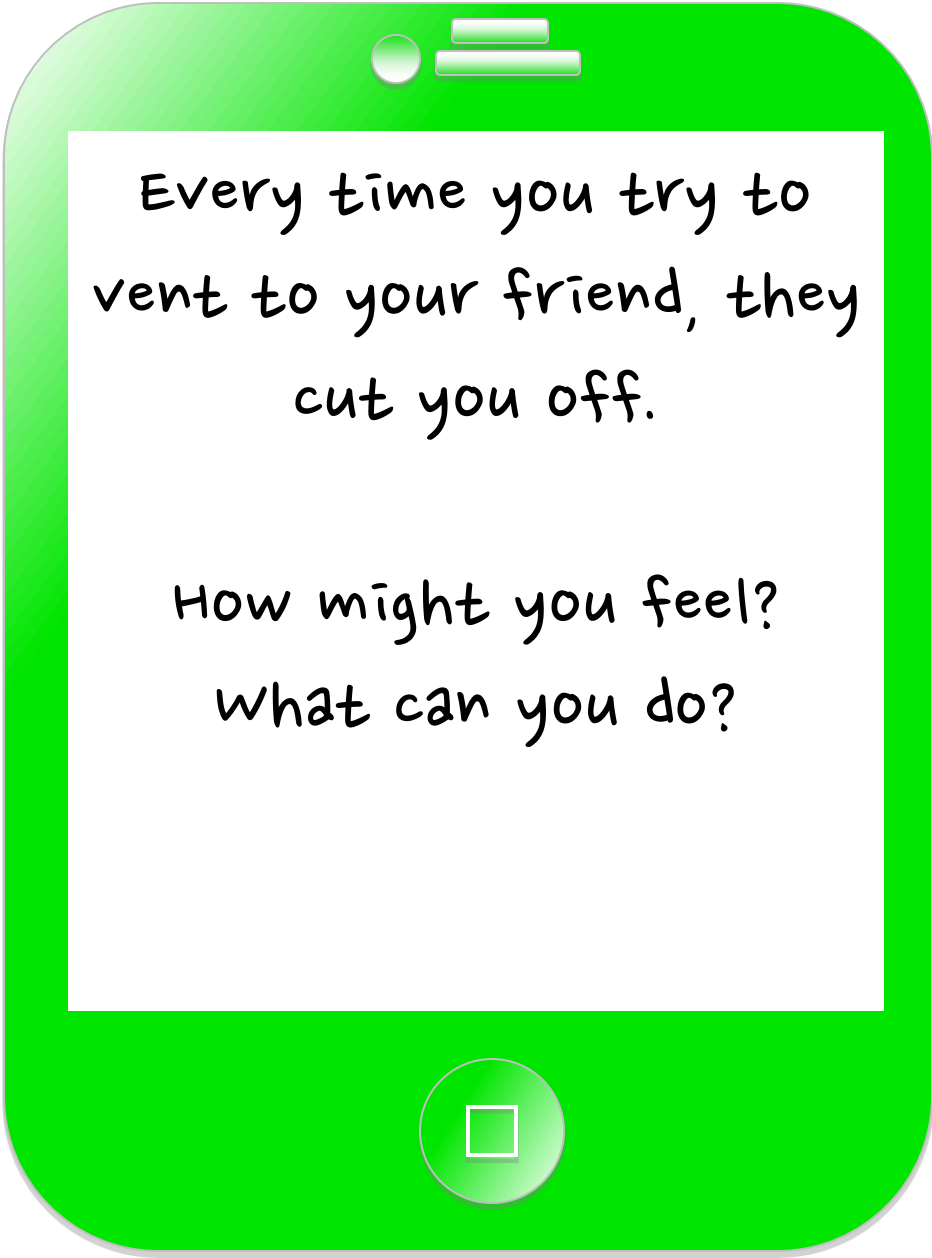
Your classmates are
making fun of
your outfit.

How might you feel?
What can you do?

A yellow smartphone graphic with a white screen. At the top, there is a white circle and a white rectangle. At the bottom, there is a white square inside a white circle.

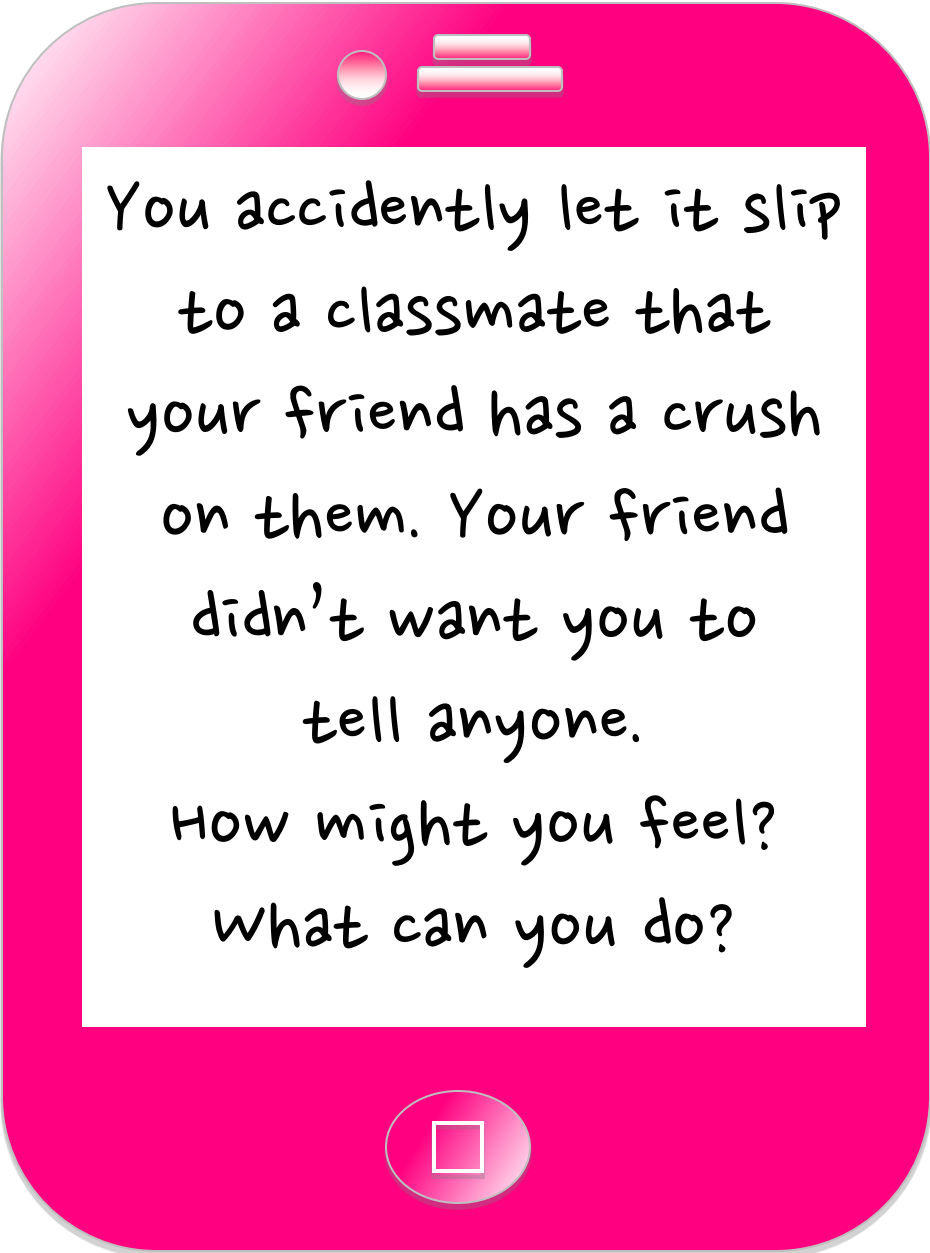
You find out that your
friend is self-harming.

How might you feel?
what can you do?

A green smartphone graphic with a white screen. At the top, there is a white circle and a white rectangle. At the bottom, there is a white square inside a white circle.

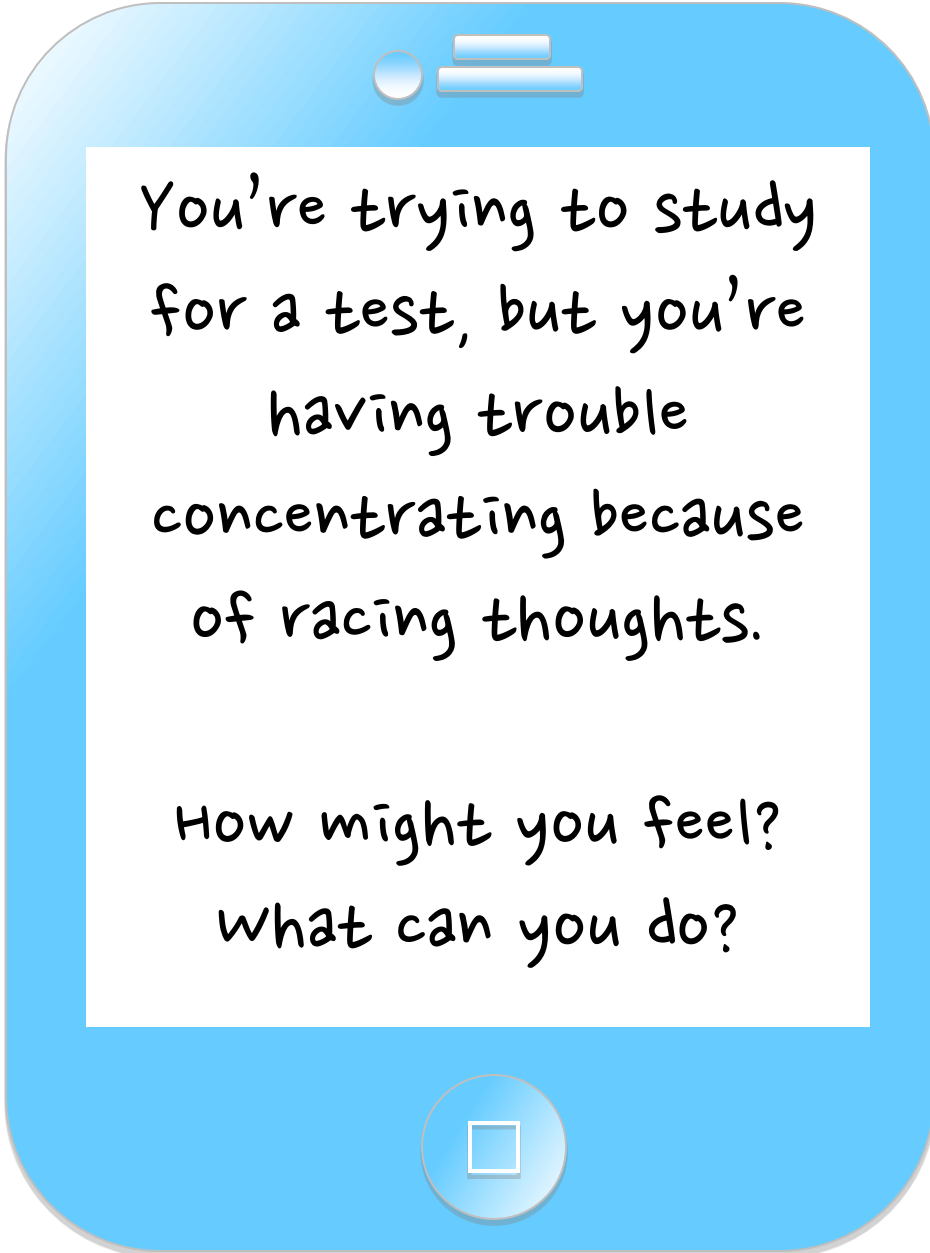
Every time you try to
vent to your friend, they
cut you off.

How might you feel?
what can you do?

A pink smartphone frame with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

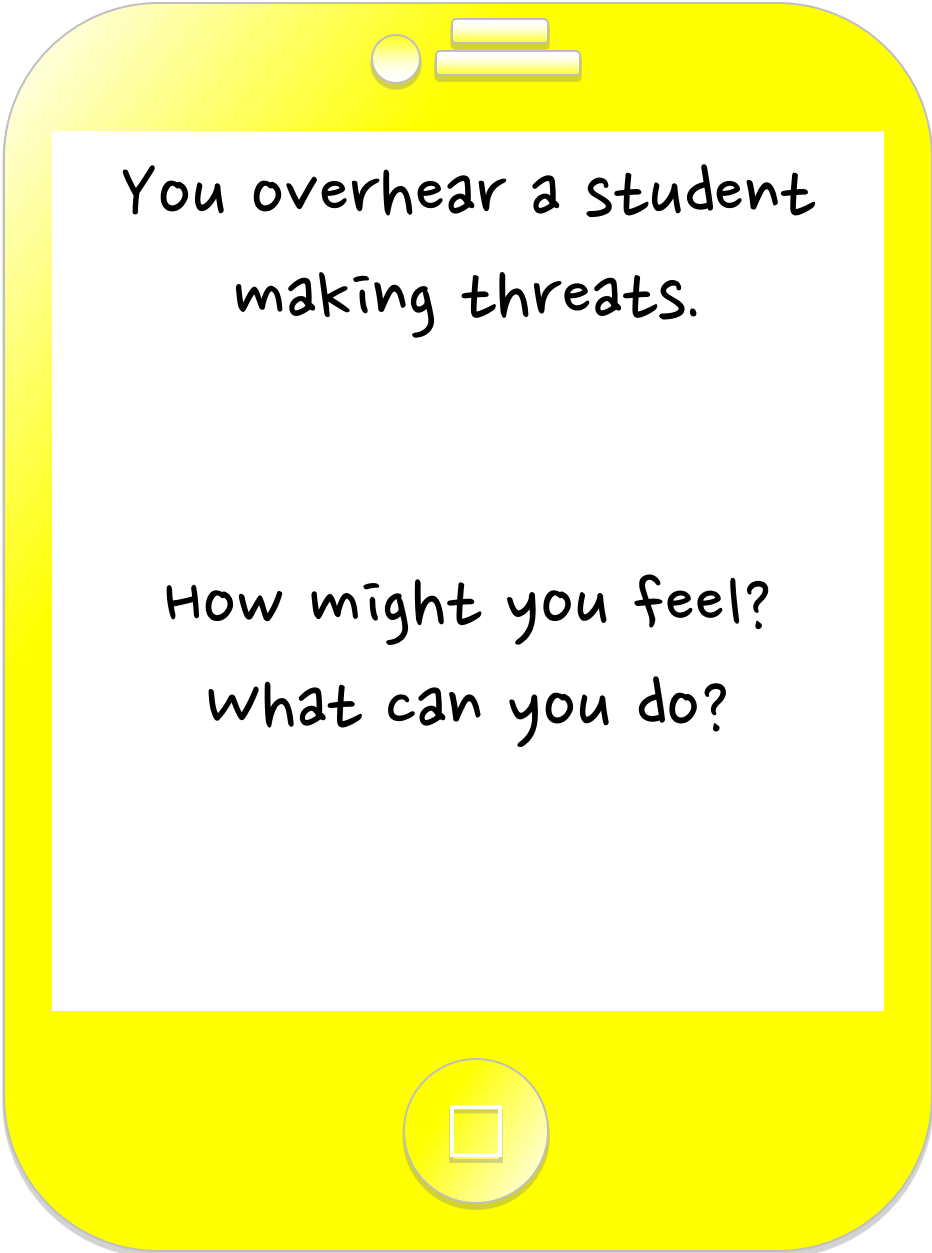
You accidentally let it slip
to a classmate that
your friend has a crush
on them. Your friend
didn't want you to
tell anyone.

How might you feel?
What can you do?

A blue smartphone frame with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.


You're trying to study
for a test, but you're
having trouble
concentrating because
of racing thoughts.

How might you feel?
What can you do?

A yellow smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a circular home button with a square icon inside. The text is written in a black, handwritten font on the white screen.

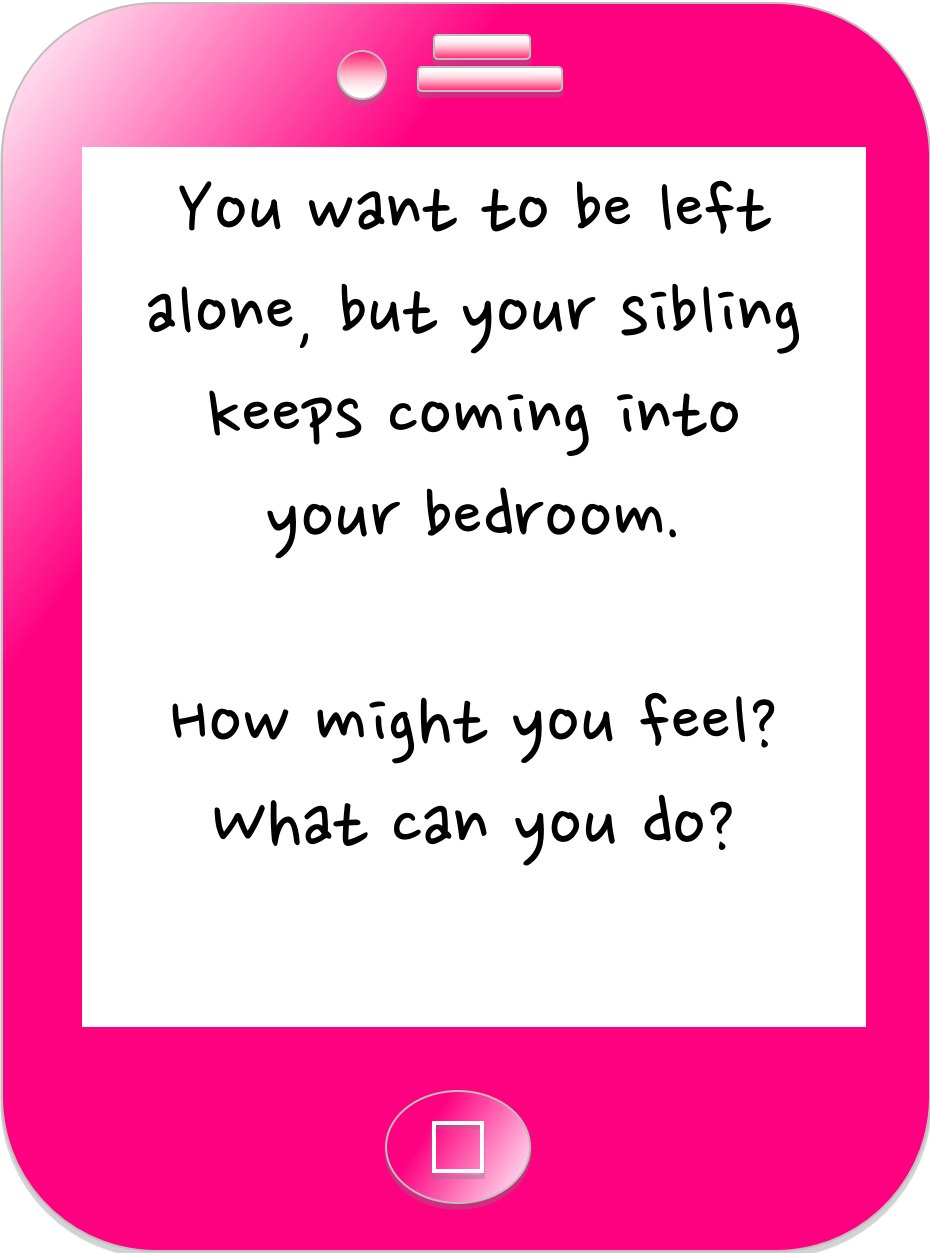
You overhear a student
making threats.

How might you feel?
What can you do?

A green smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a circular home button with a square icon inside. The text is written in a black, handwritten font on the white screen.

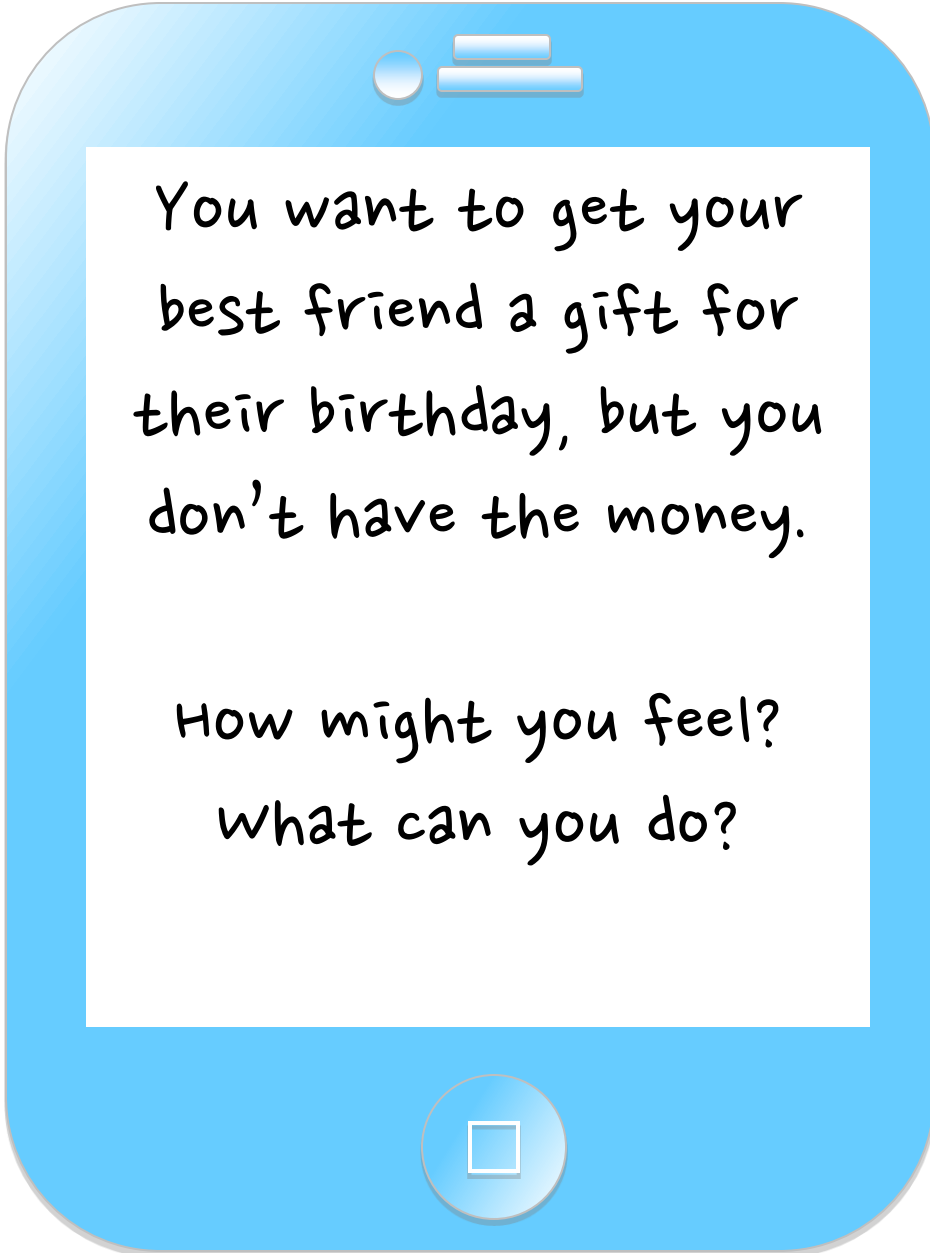
You're at the mall with
your friend, but they
ditch you for their
boyfriend/girlfriend.

How might you feel?
What can you do?

A pink smartphone frame with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

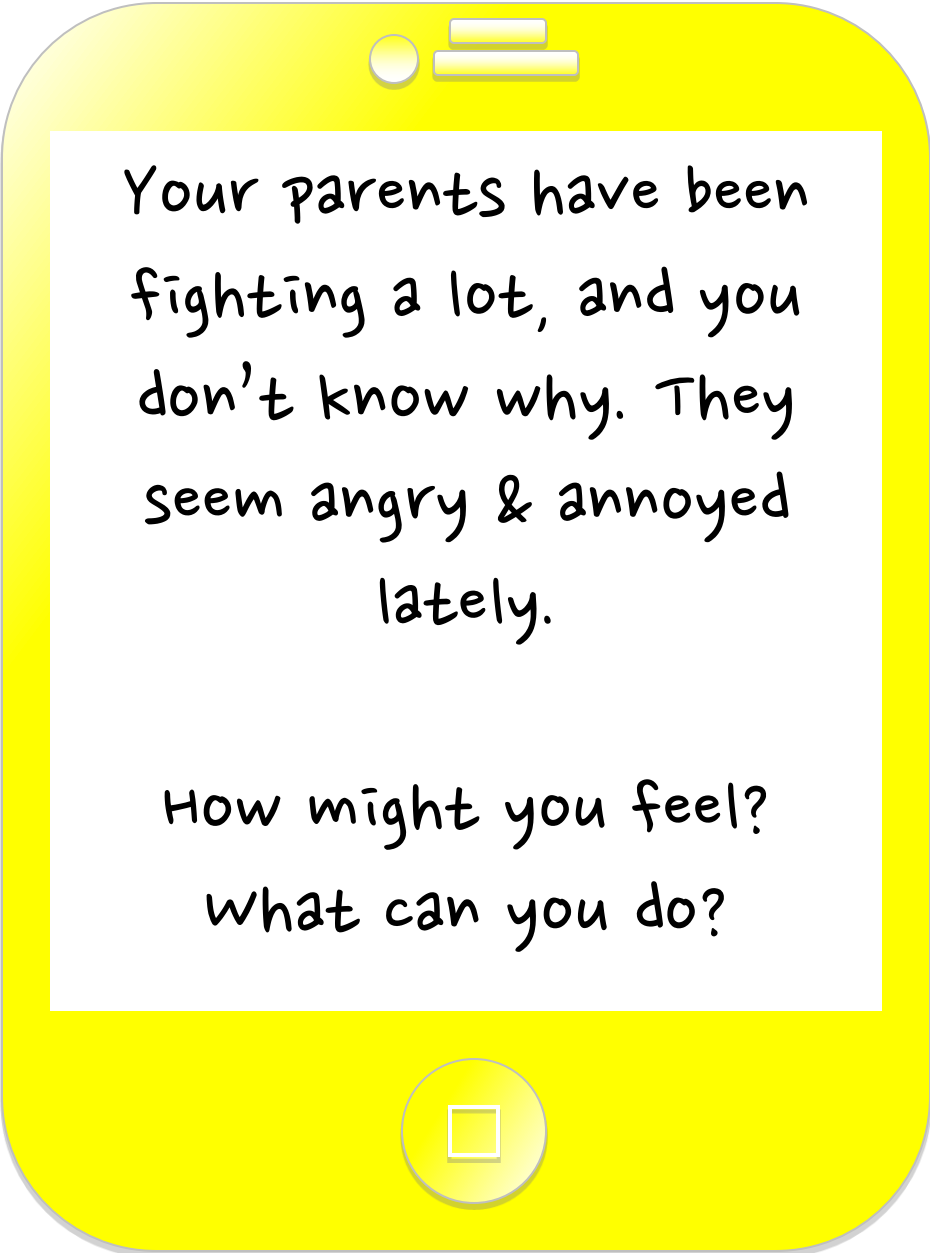
You want to be left alone, but your sibling keeps coming into your bedroom.

How might you feel?
What can you do?

A blue smartphone frame with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

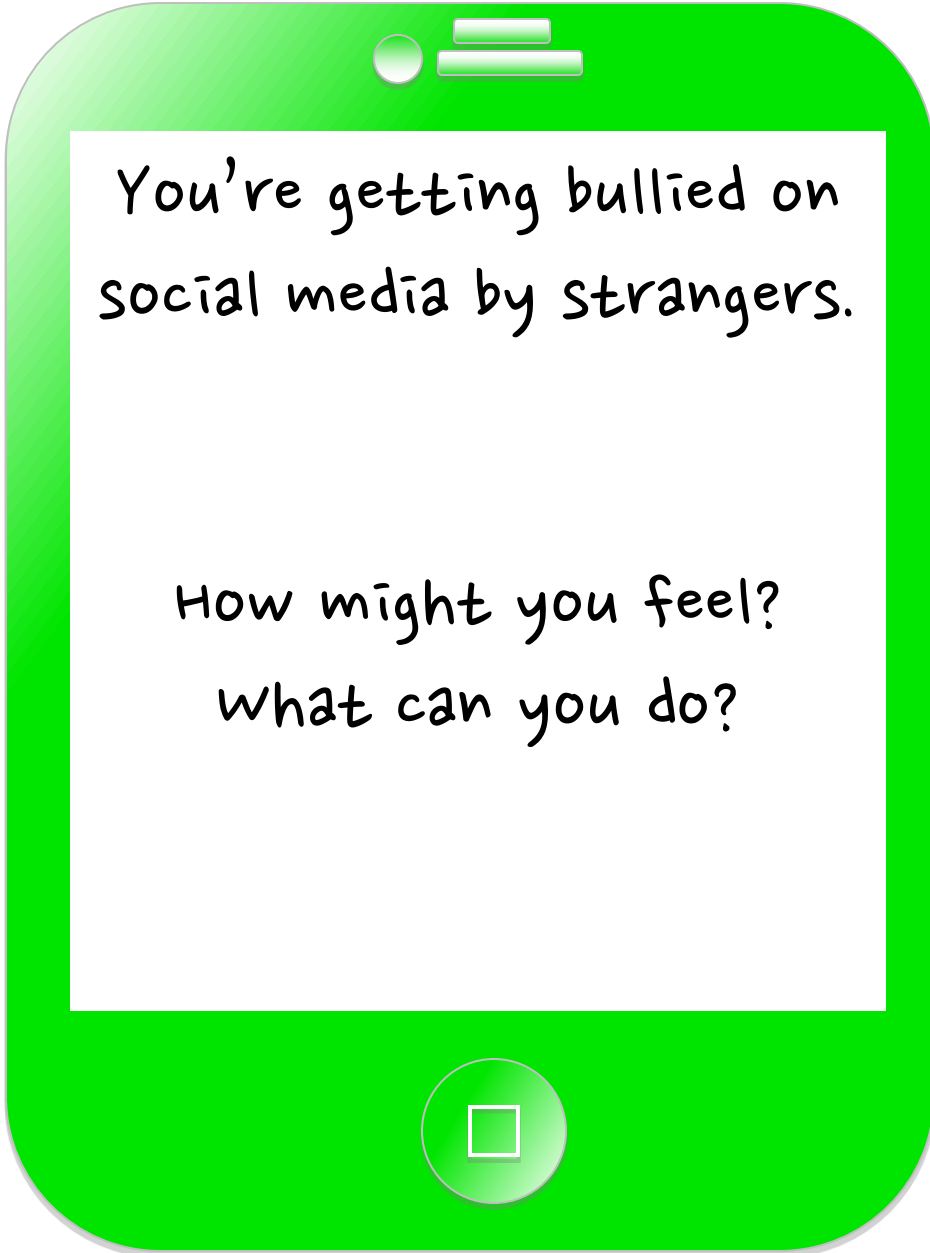
You want to get your best friend a gift for their birthday, but you don't have the money.

How might you feel?
What can you do?

A yellow smartphone graphic with a white screen. At the top, there is a white circle and two white horizontal bars. At the bottom, there is a white square inside a white circle.

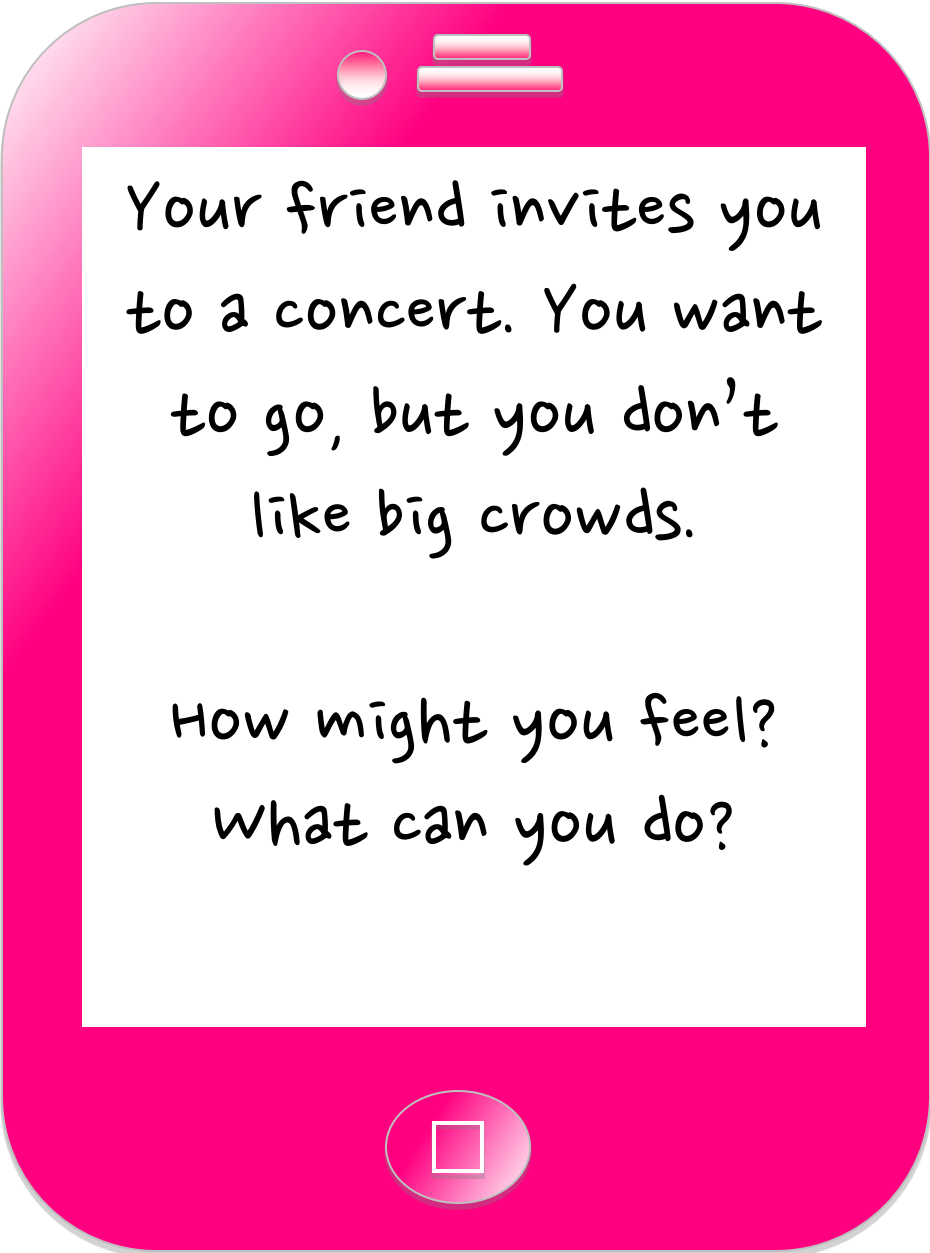
Your parents have been fighting a lot, and you don't know why. They seem angry & annoyed lately.

How might you feel?
What can you do?

A green smartphone graphic with a white screen. At the top, there is a white circle and two white horizontal bars. At the bottom, there is a white square inside a white circle.

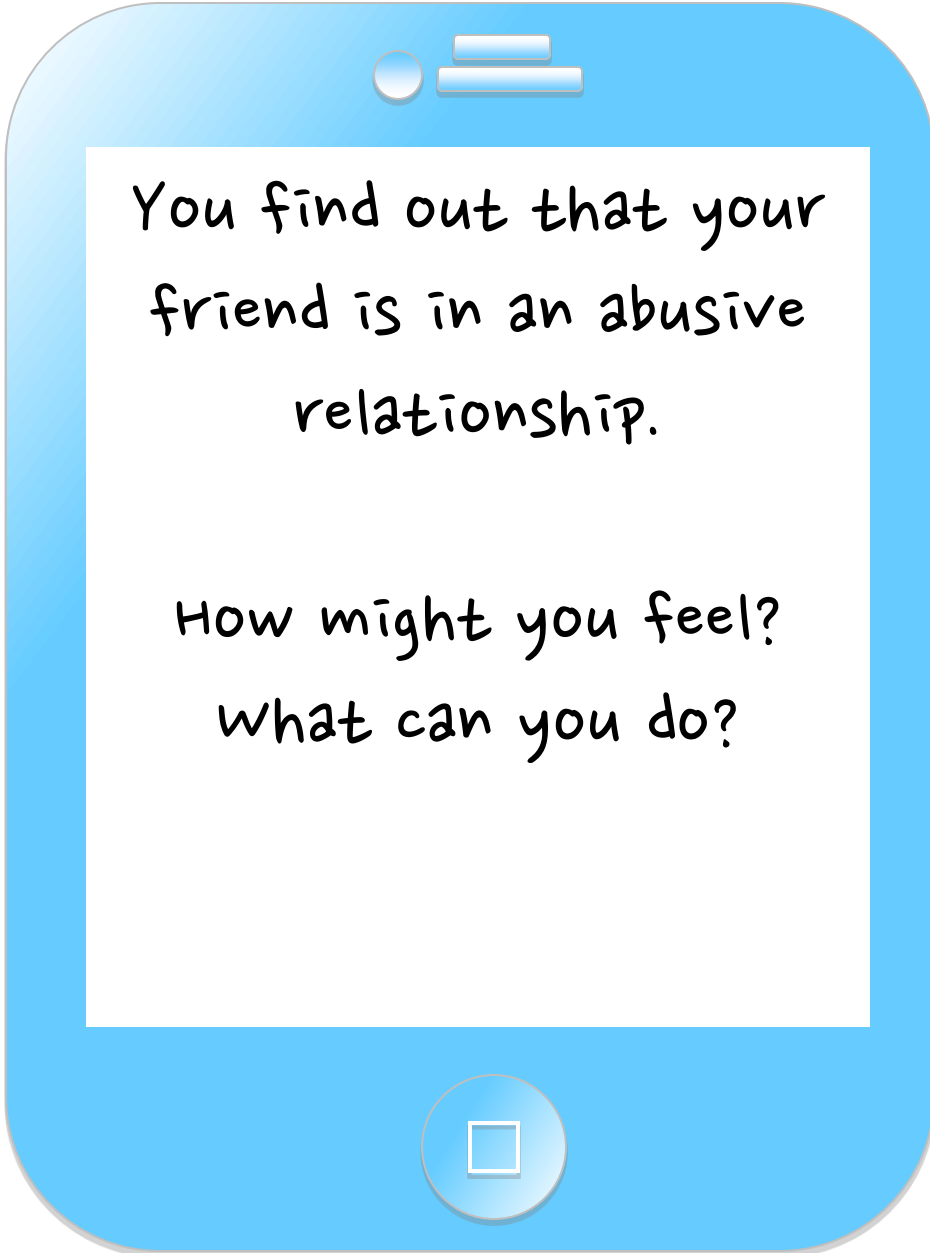
You're getting bullied on social media by strangers.

How might you feel?
What can you do?

A pink smartphone graphic with a white screen. At the top, there is a camera lens and a flash. At the bottom, there is a square home button.

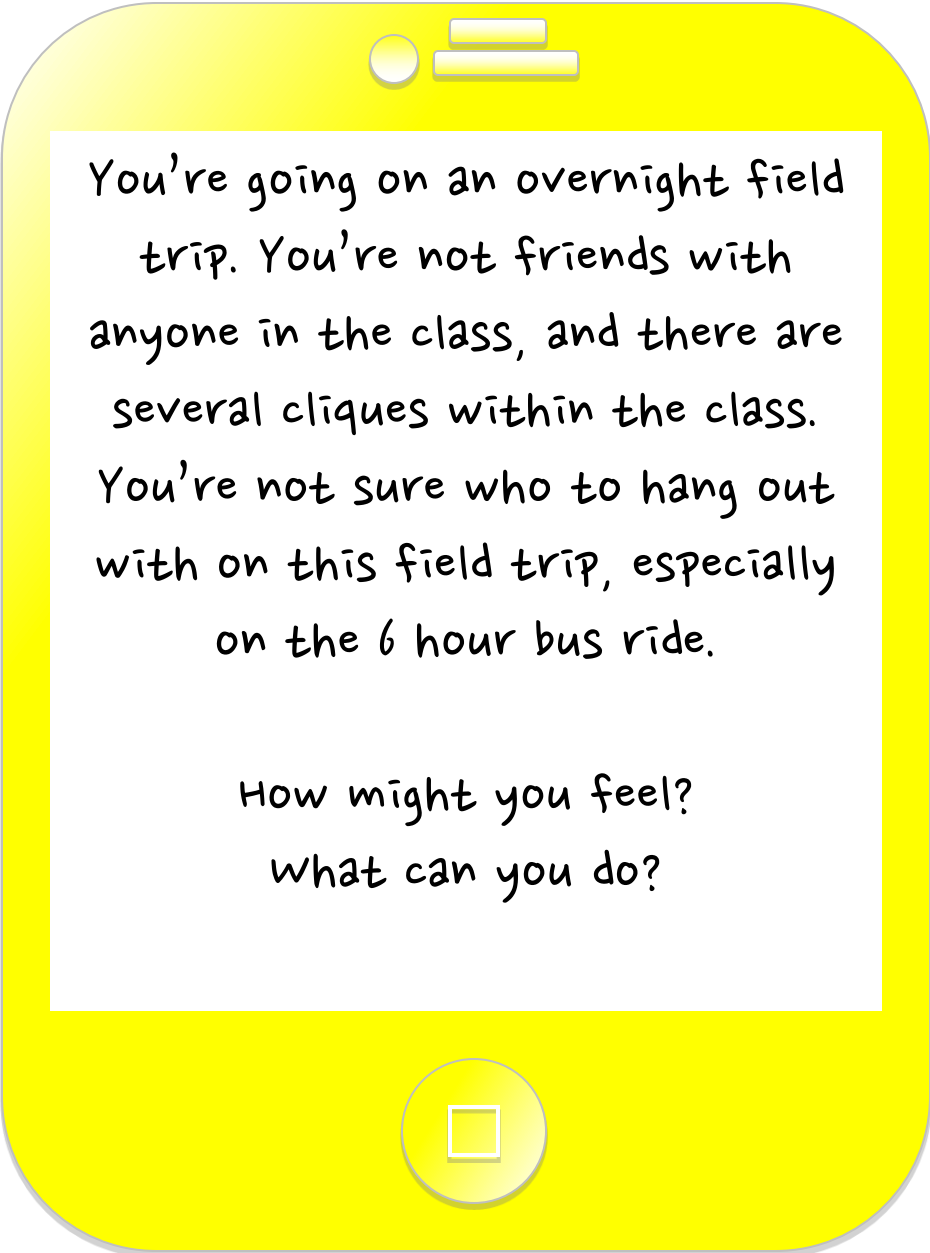
Your friend invites you to a concert. You want to go, but you don't like big crowds.

How might you feel?
What can you do?

A blue smartphone graphic with a white screen. At the top, there is a camera lens and a flash. At the bottom, there is a square home button.

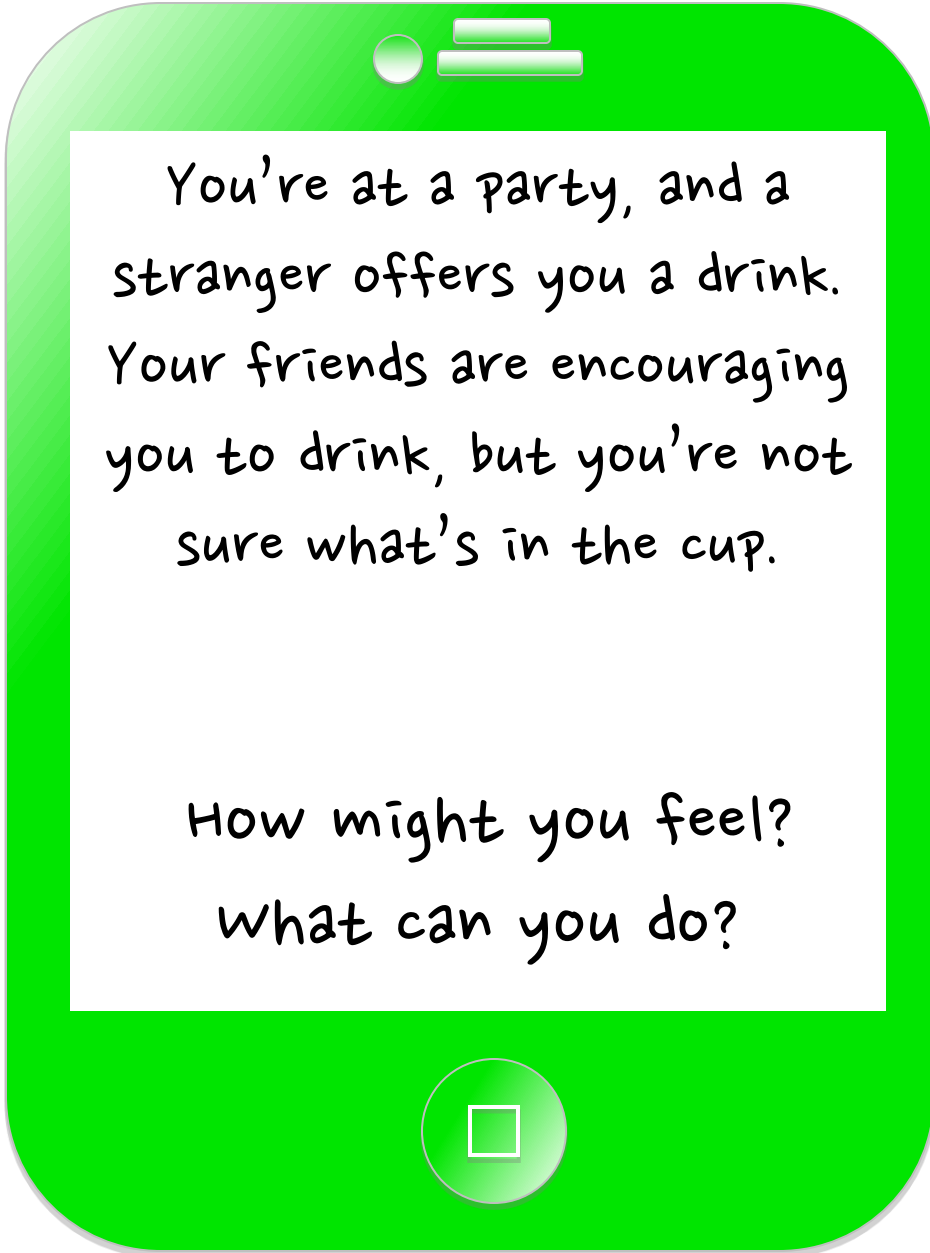
You find out that your friend is in an abusive relationship.

How might you feel?
What can you do?

A yellow smartphone graphic with a white screen. At the top, there is a white circle on the left and a white rectangle on the right. At the bottom, there is a white square inside a white circle.

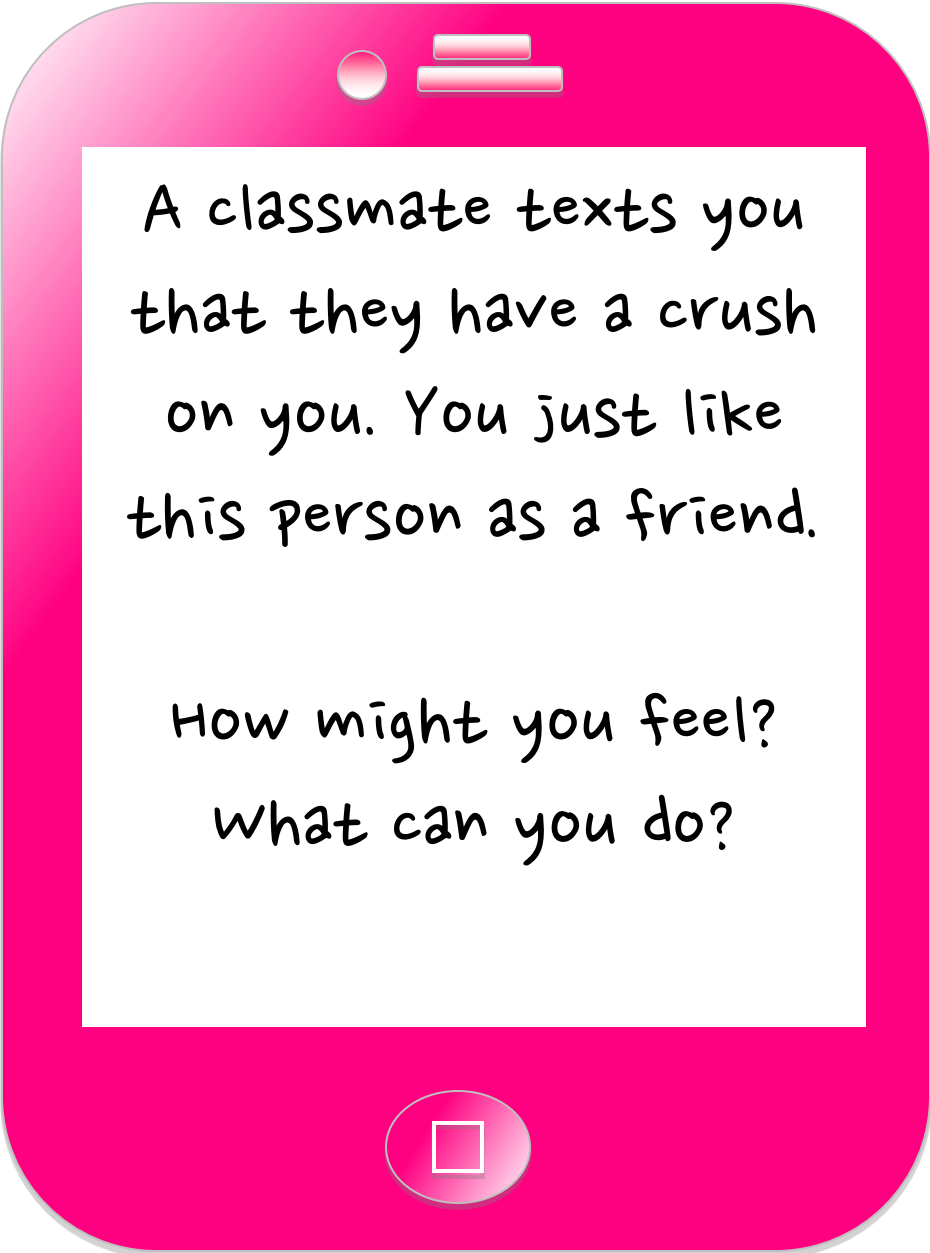
You're going on an overnight field trip. You're not friends with anyone in the class, and there are several cliques within the class. You're not sure who to hang out with on this field trip, especially on the 6 hour bus ride.

How might you feel?
what can you do?

A green smartphone graphic with a white screen. At the top, there is a white circle on the left and a white rectangle on the right. At the bottom, there is a white square inside a white circle.

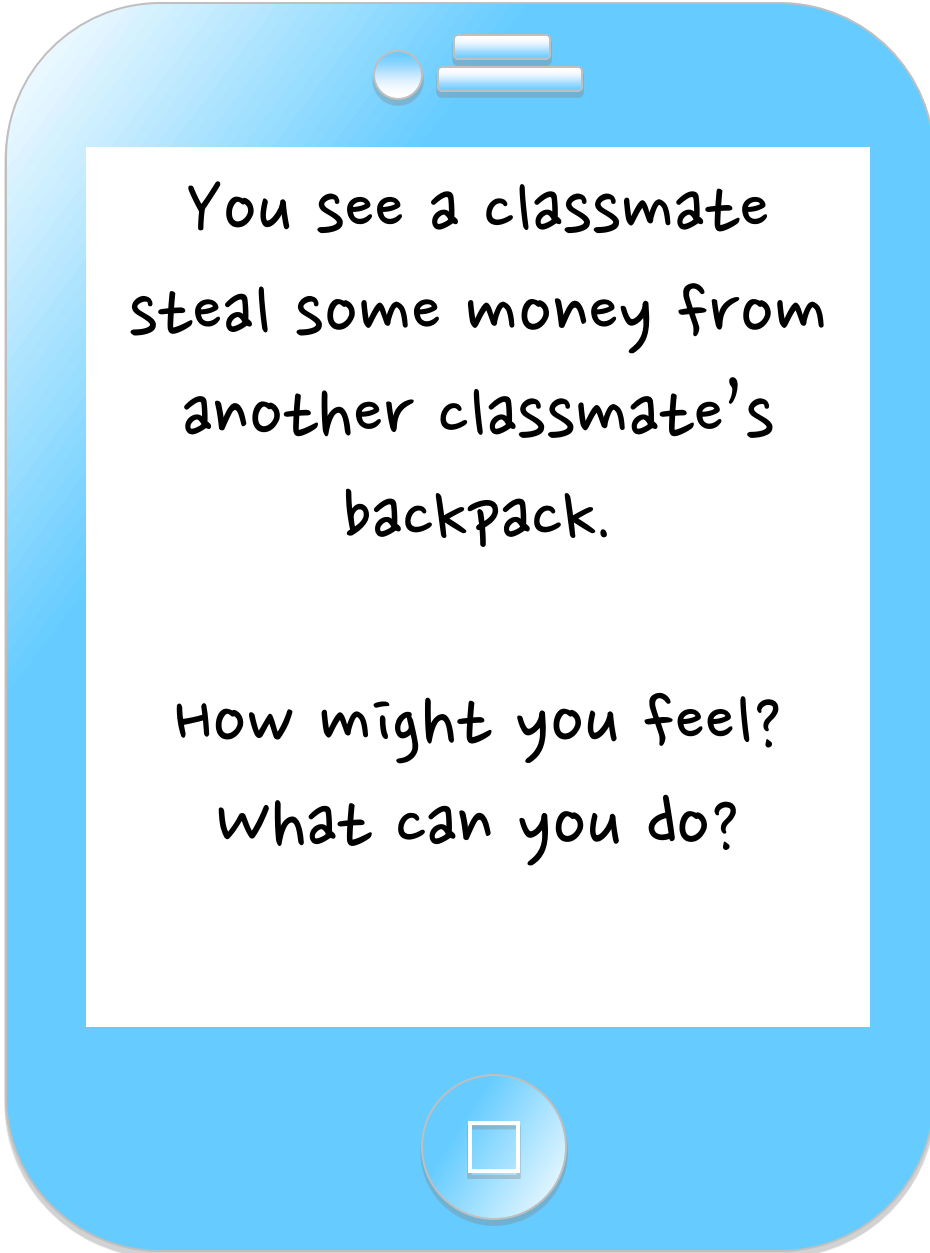
You're at a party, and a stranger offers you a drink. Your friends are encouraging you to drink, but you're not sure what's in the cup.

How might you feel?
what can you do?

A pink smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button. The screen contains two paragraphs of text.


A classmate texts you that they have a crush on you. You just like this person as a friend.

How might you feel?
What can you do?

A blue smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button. The screen contains two paragraphs of text.

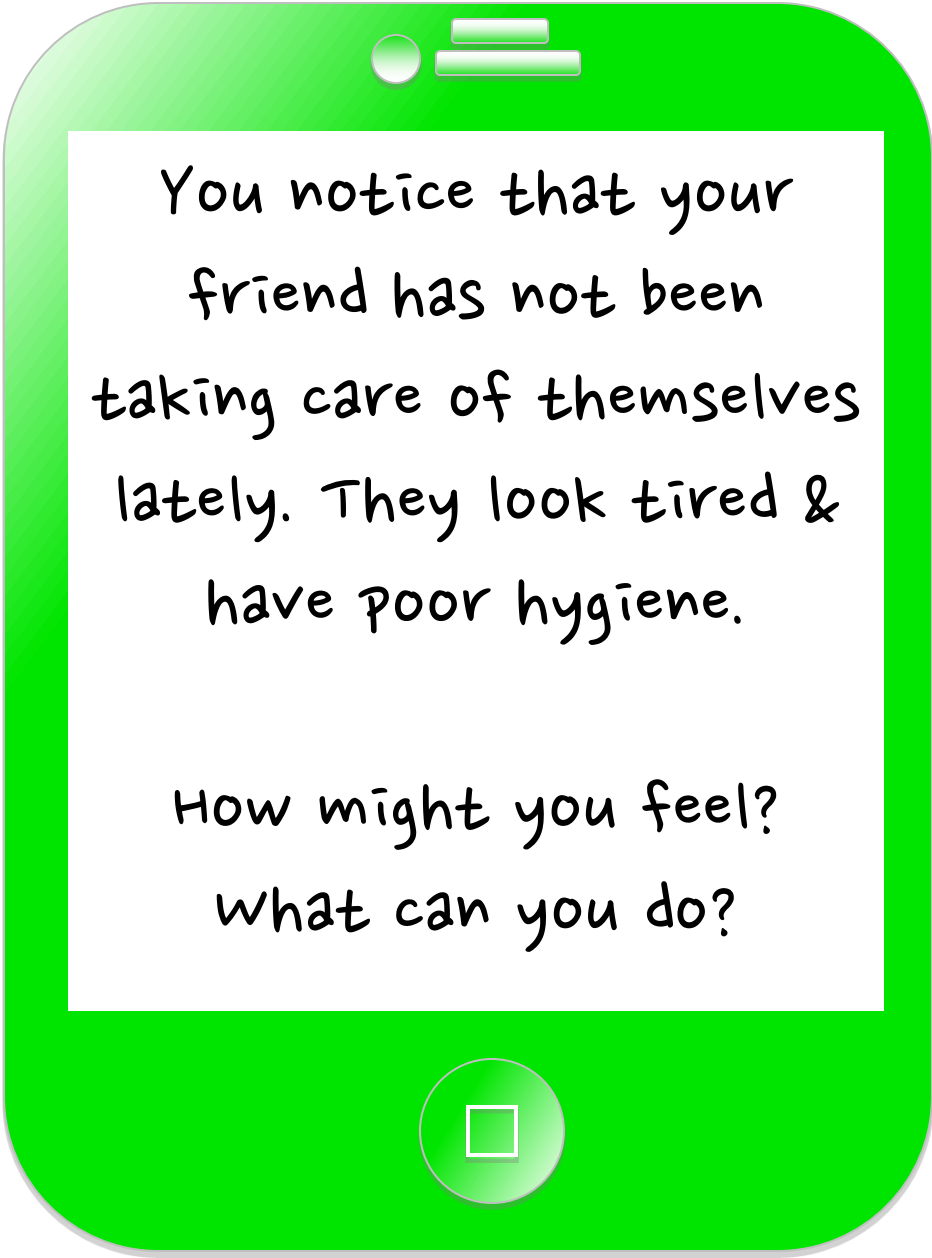
You see a classmate steal some money from another classmate's backpack.

How might you feel?
What can you do?

A yellow smartphone graphic with a white screen. At the top, there is a camera lens and a flash. At the bottom, there is a home button with a square icon.


You don't have a date for Homecoming. You're going with your friends, but they are all bringing dates.

How might you feel?
What can you do?

A green smartphone graphic with a white screen. At the top, there is a camera lens and a flash. At the bottom, there is a home button with a square icon.

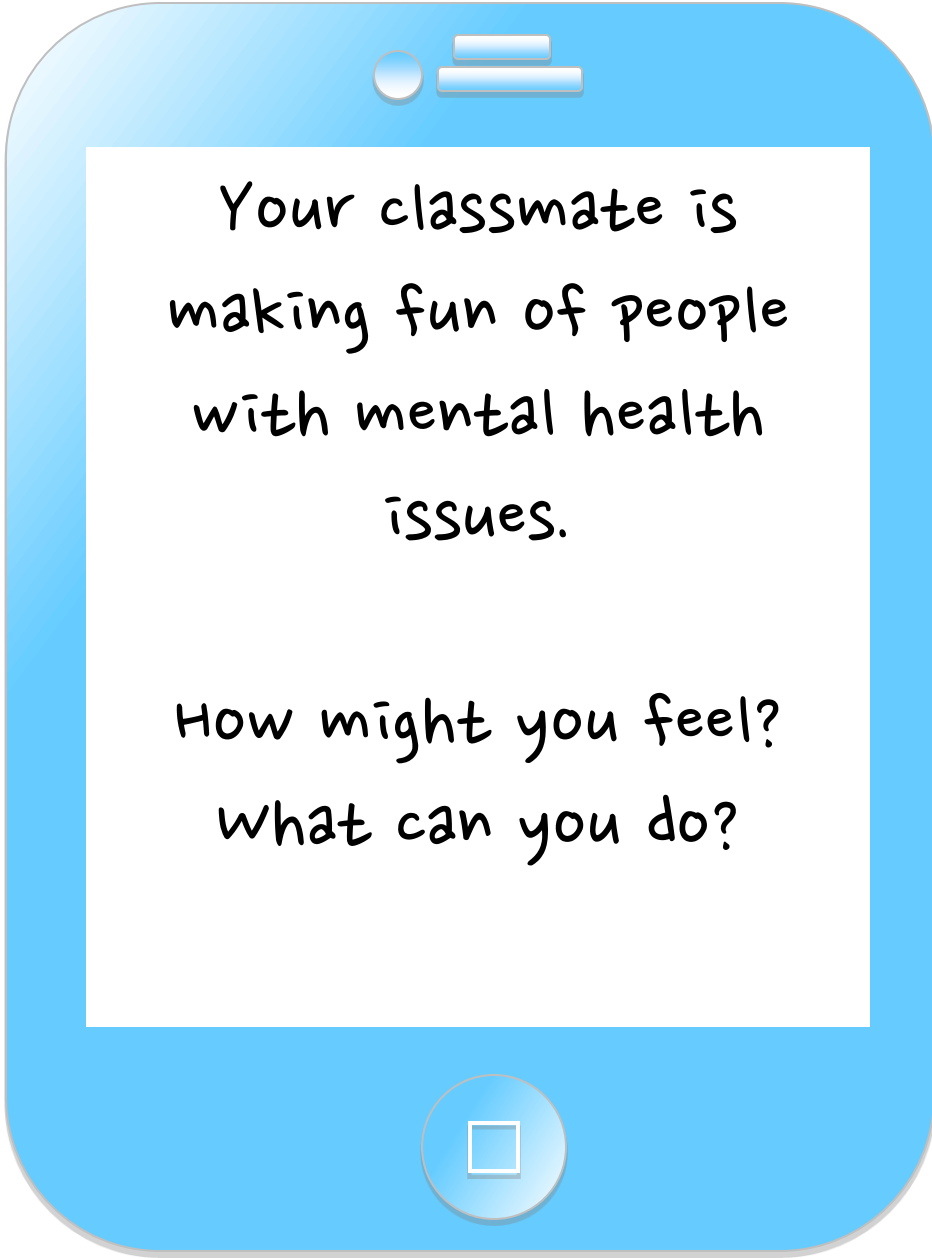
You notice that your friend has not been taking care of themselves lately. They look tired & have poor hygiene.

How might you feel?
What can you do?

A pink smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

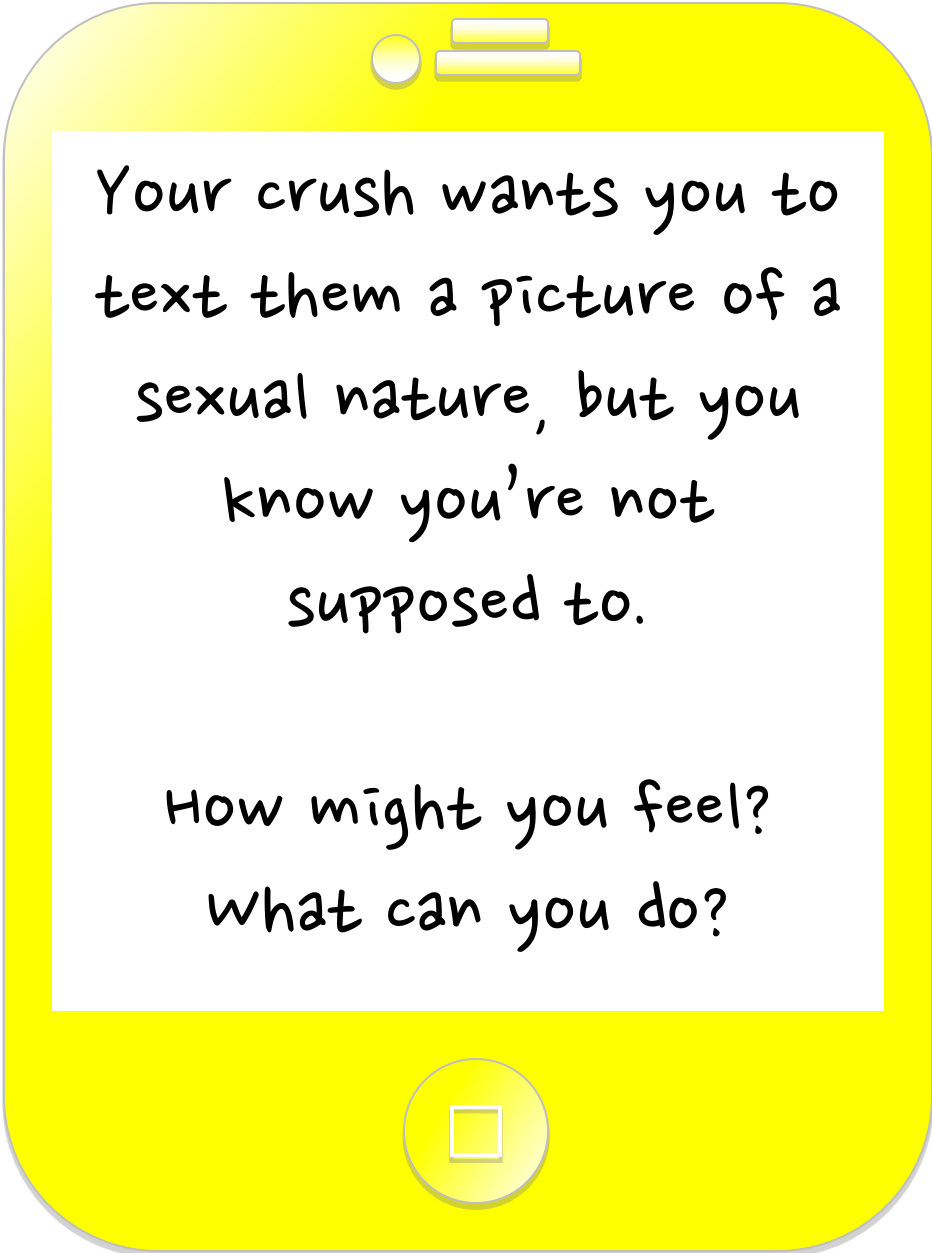
You're at a party with your friend. They seem intoxicated, but they're supposed to drive you home.

How might you feel?
What can you do?

A blue smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

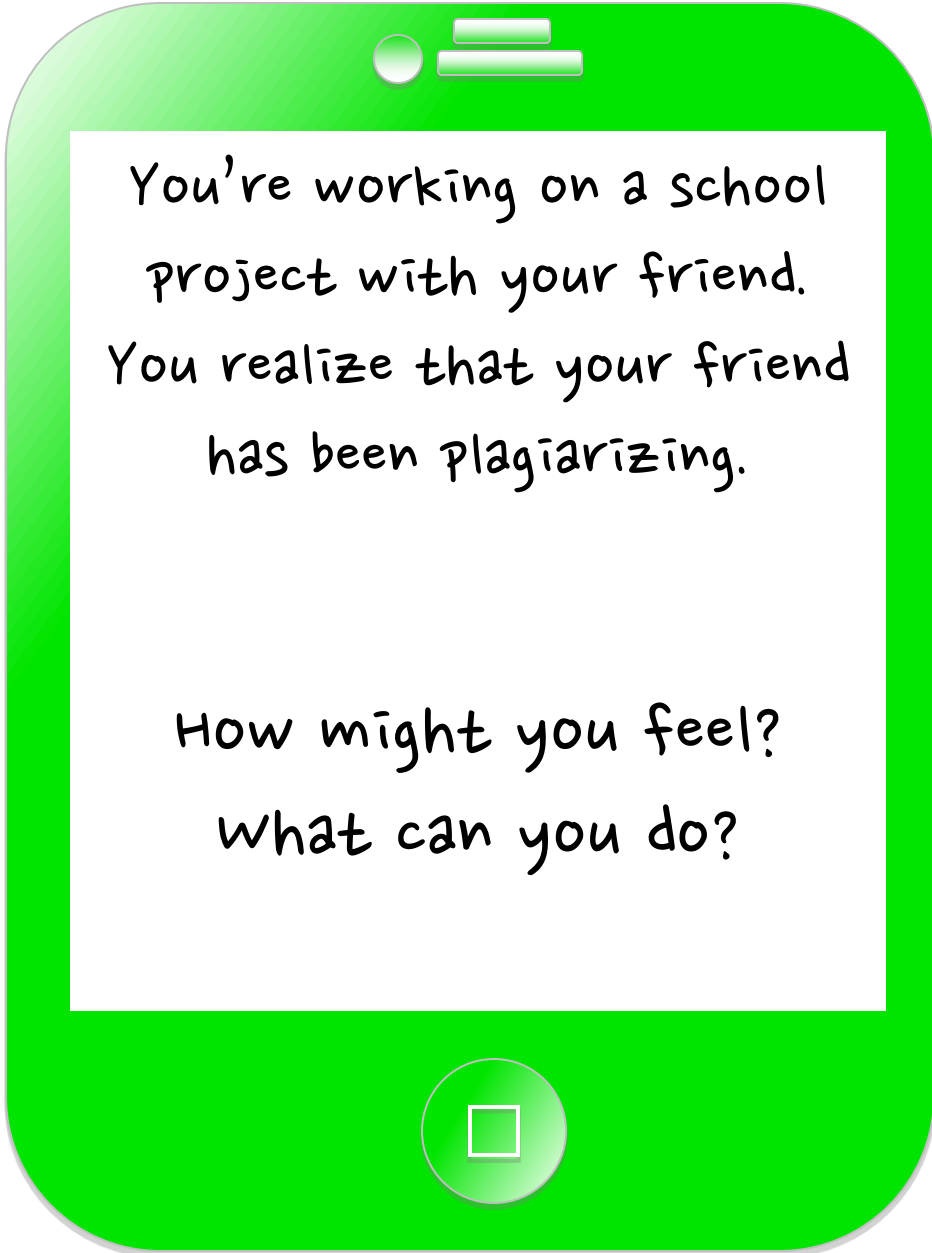
Your classmate is making fun of people with mental health issues.

How might you feel?
What can you do?

A yellow smartphone graphic with a white screen. At the top, there is a white circle and a white rectangle. At the bottom, there is a white square inside a white circle.

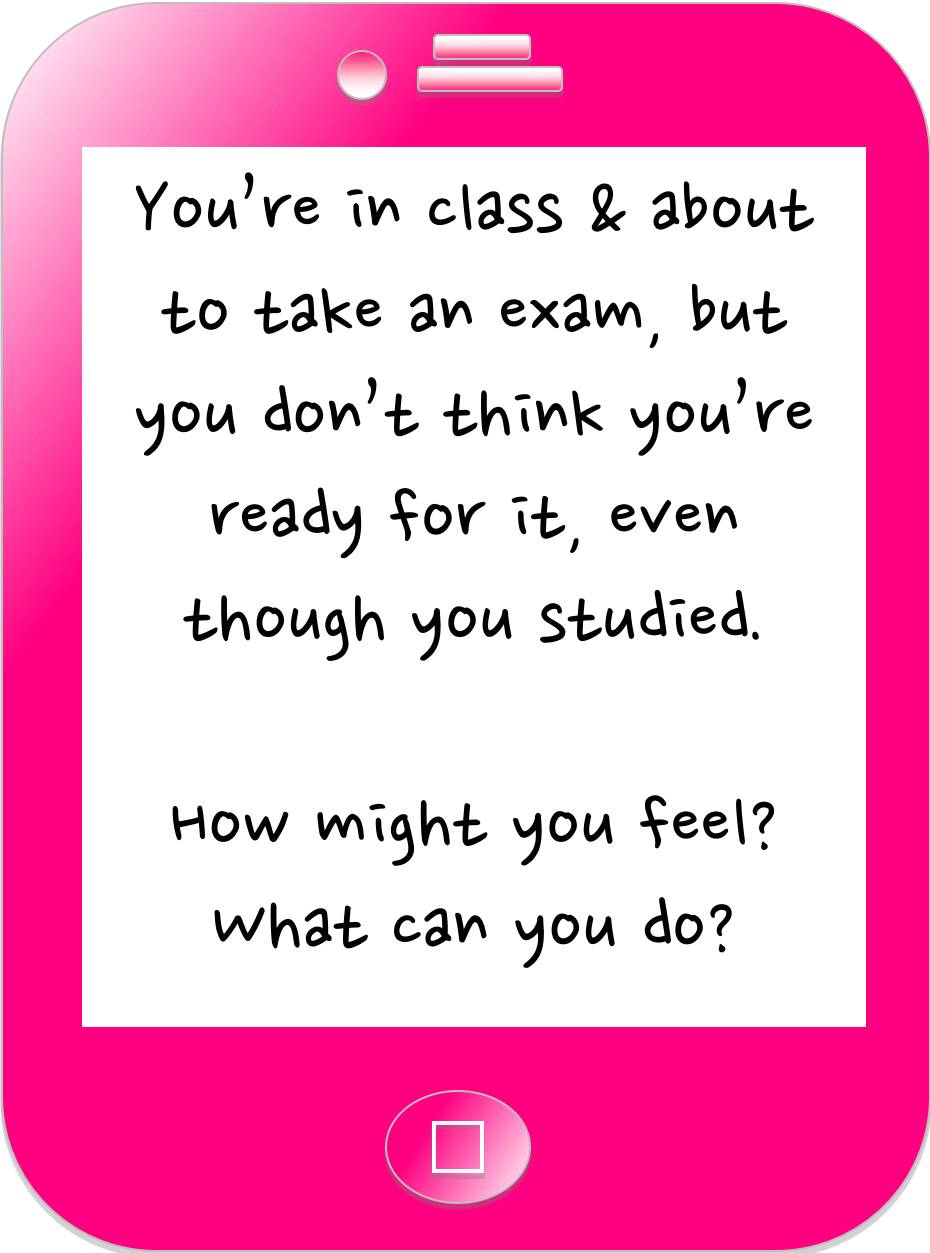
Your crush wants you to text them a picture of a sexual nature, but you know you're not supposed to.

How might you feel?
What can you do?

A green smartphone graphic with a white screen. At the top, there is a white circle and a white rectangle. At the bottom, there is a white square inside a white circle.

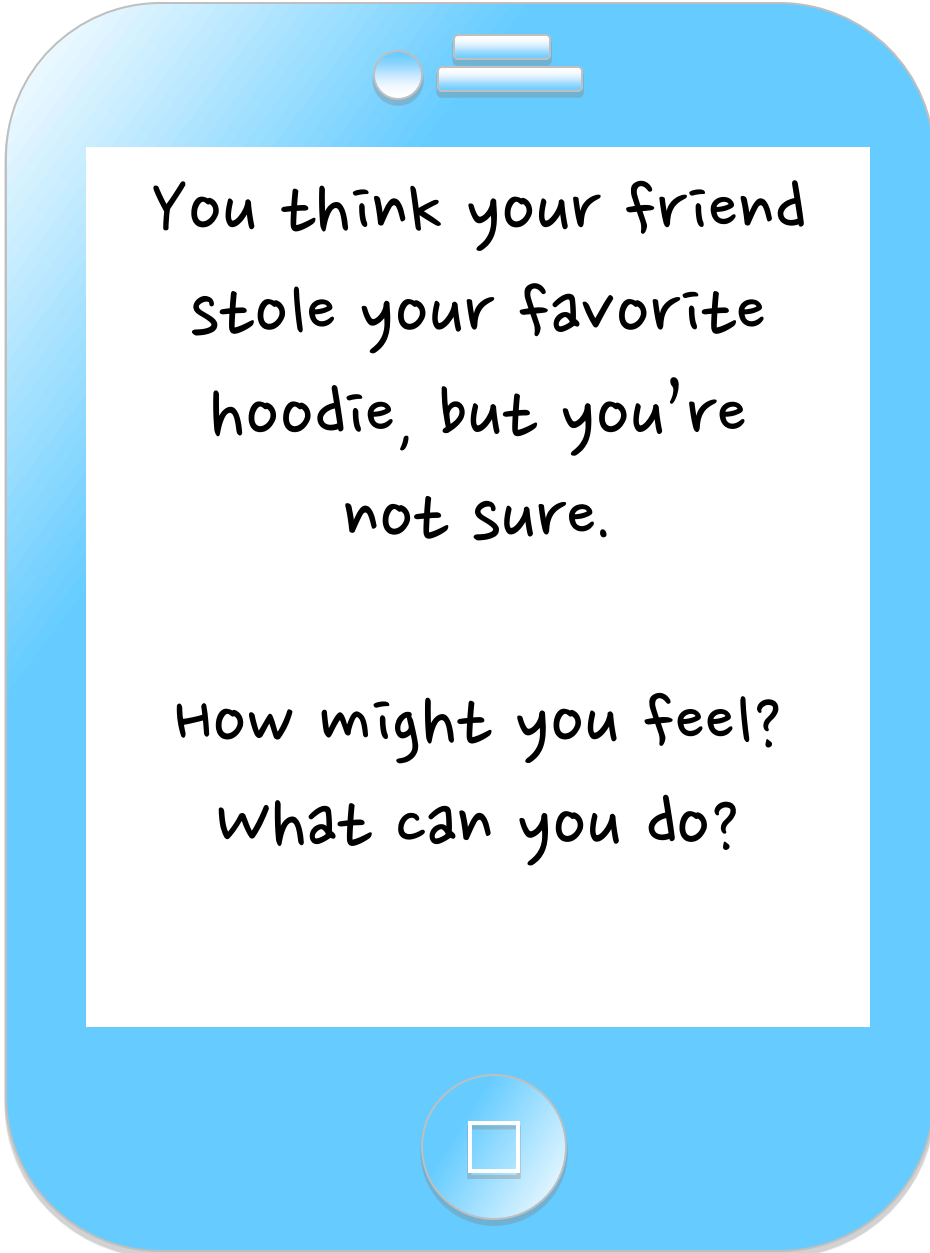
You're working on a school project with your friend. You realize that your friend has been plagiarizing.

How might you feel?
What can you do?

A pink smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

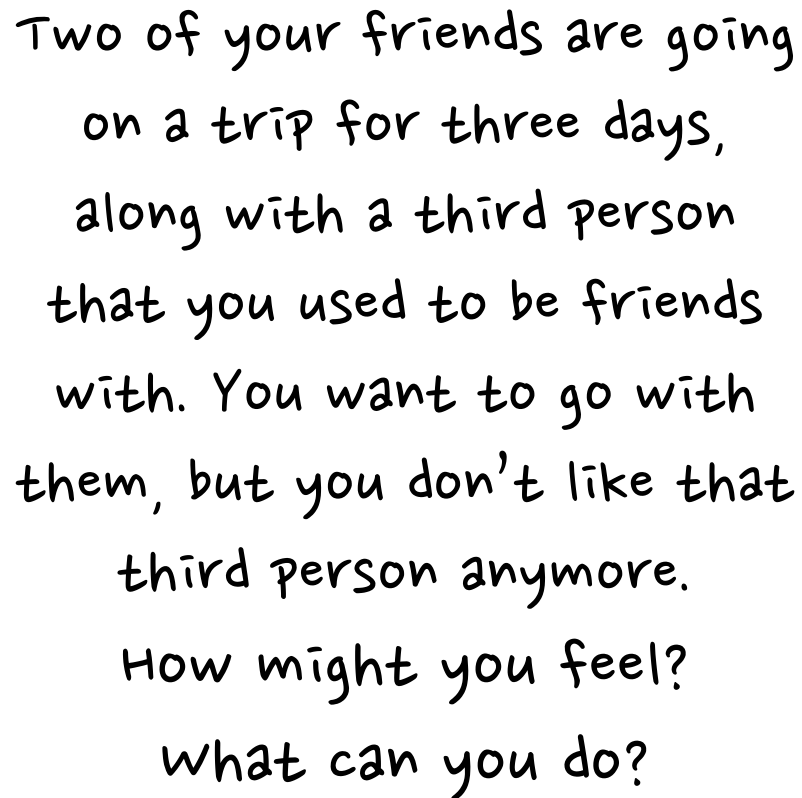
You're in class & about
to take an exam, but
you don't think you're
ready for it, even
though you studied.

How might you feel?
What can you do?

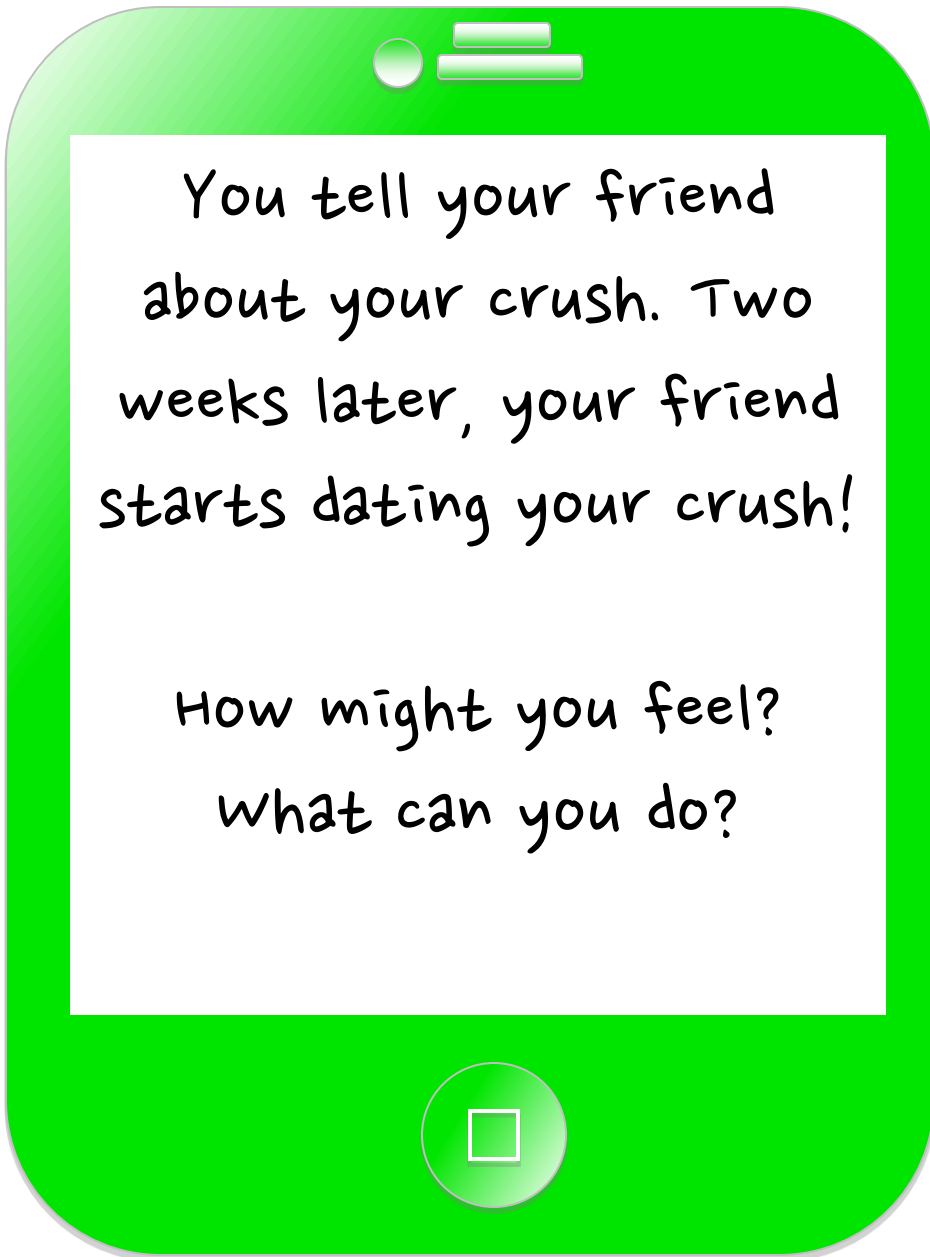
A blue smartphone graphic with a white screen. At the top, there is a circular camera lens and a horizontal bar representing a speaker. At the bottom, there is a square home button.

You think your friend
stole your favorite
hoodie, but you're
not sure.

How might you feel?
What can you do?

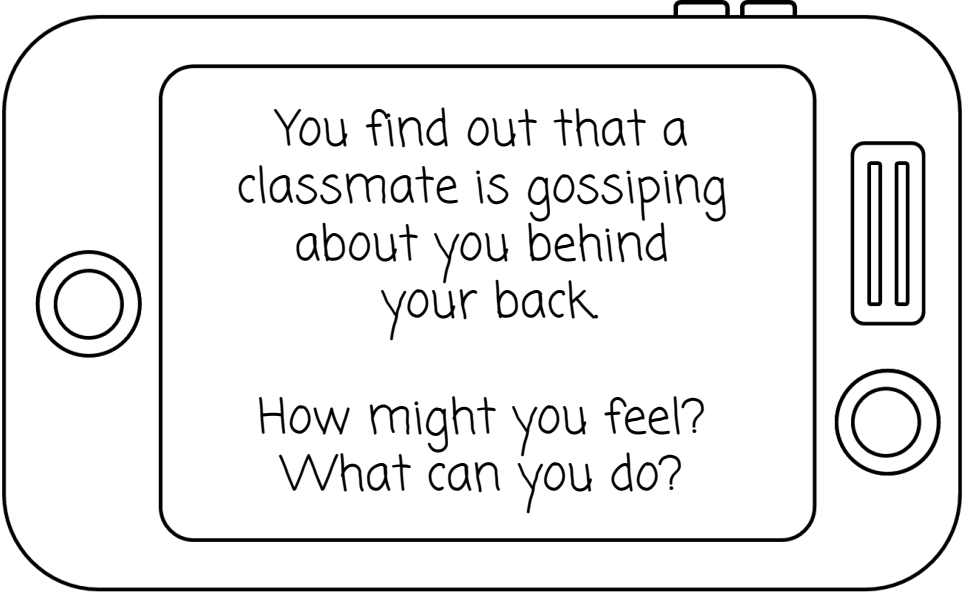
A yellow smartphone graphic with a white screen. At the top, there is a white circle and two white horizontal bars. At the bottom, there is a white square inside a white circle.

Two of your friends are going on a trip for three days, along with a third person that you used to be friends with. You want to go with them, but you don't like that third person anymore. How might you feel? What can you do?

A green smartphone graphic with a white screen. At the top, there is a white circle and two white horizontal bars. At the bottom, there is a white square inside a white circle.

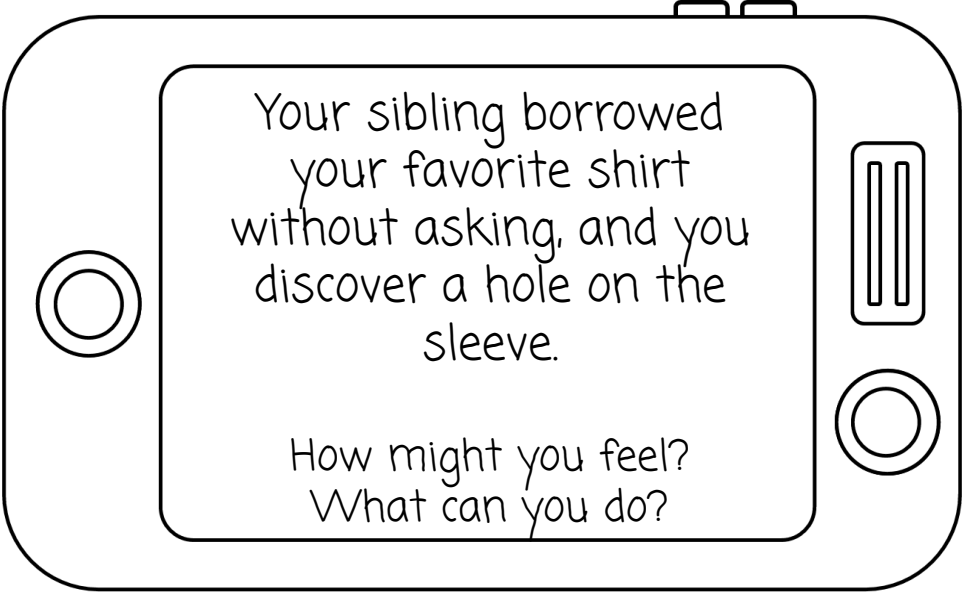
You tell your friend about your crush. Two weeks later, your friend starts dating your crush!

How might you feel?
What can you do?



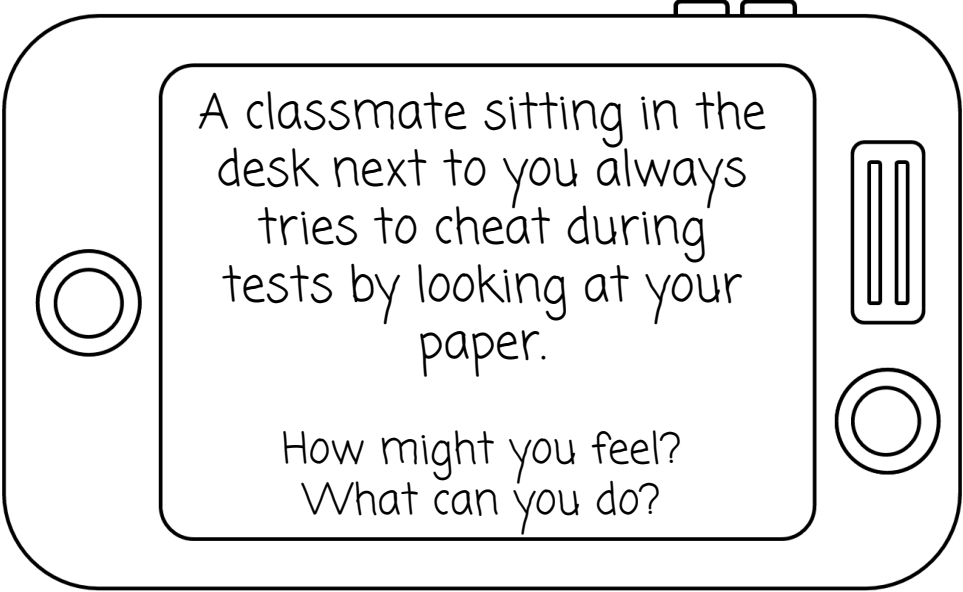
You find out that a classmate is gossiping about you behind your back.

How might you feel?
What can you do?



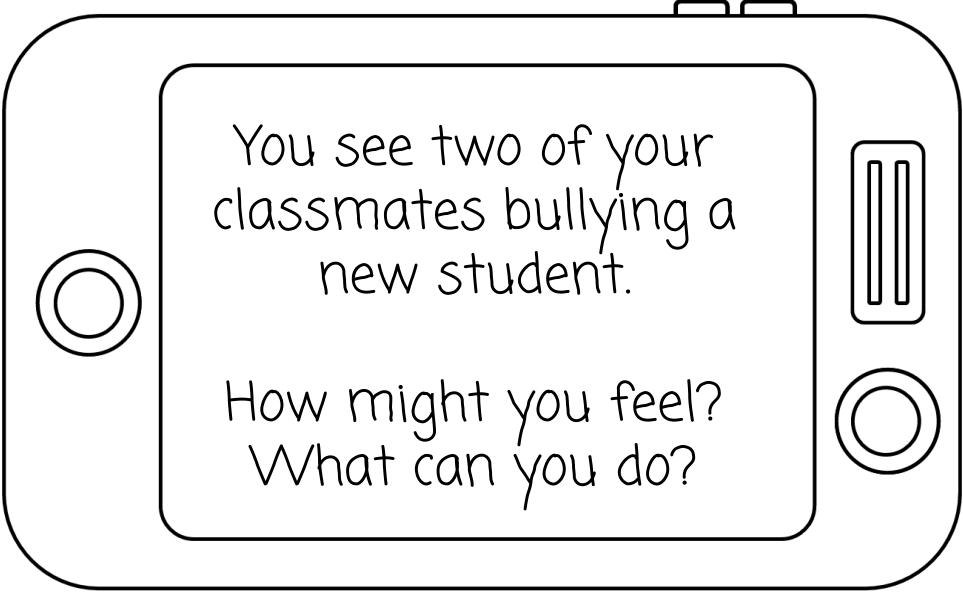
Your sibling borrowed your favorite shirt without asking, and you discover a hole on the sleeve.

How might you feel?
What can you do?



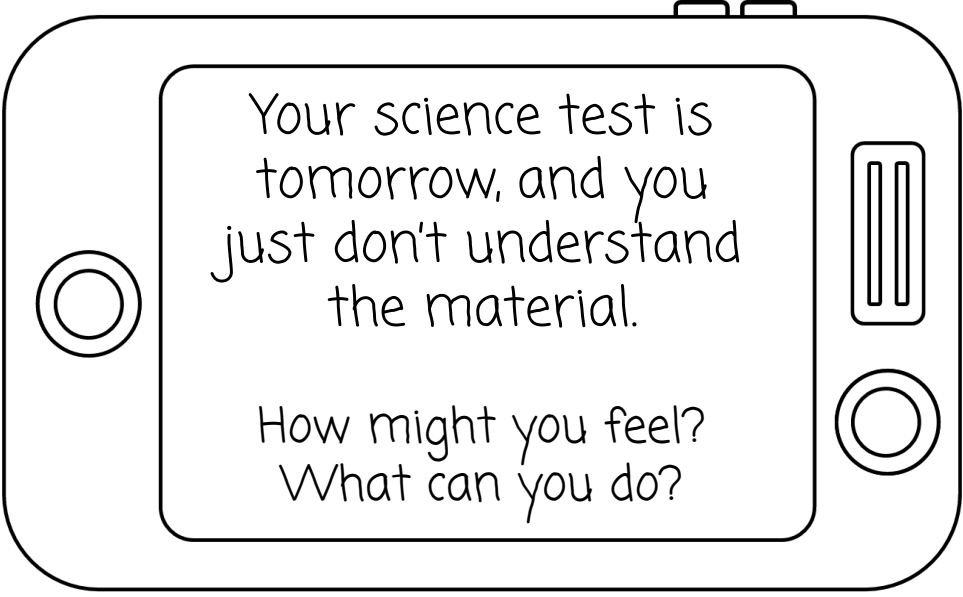
A classmate sitting in the desk next to you always tries to cheat during tests by looking at your paper.

How might you feel?
What can you do?




You see two of your classmates bullying a new student.

How might you feel?
What can you do?



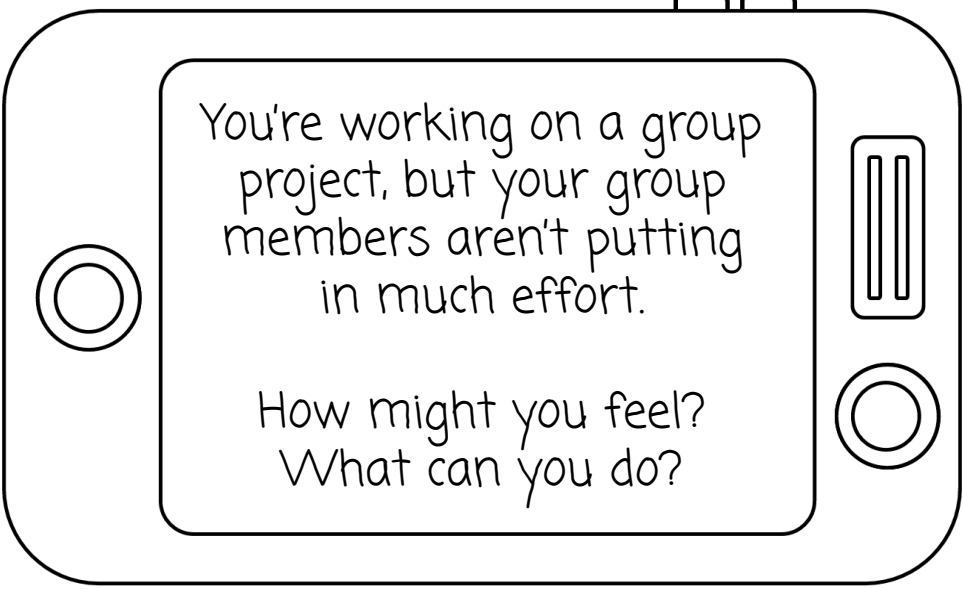
Your science test is tomorrow, and you just don't understand the material.

How might you feel?
What can you do?



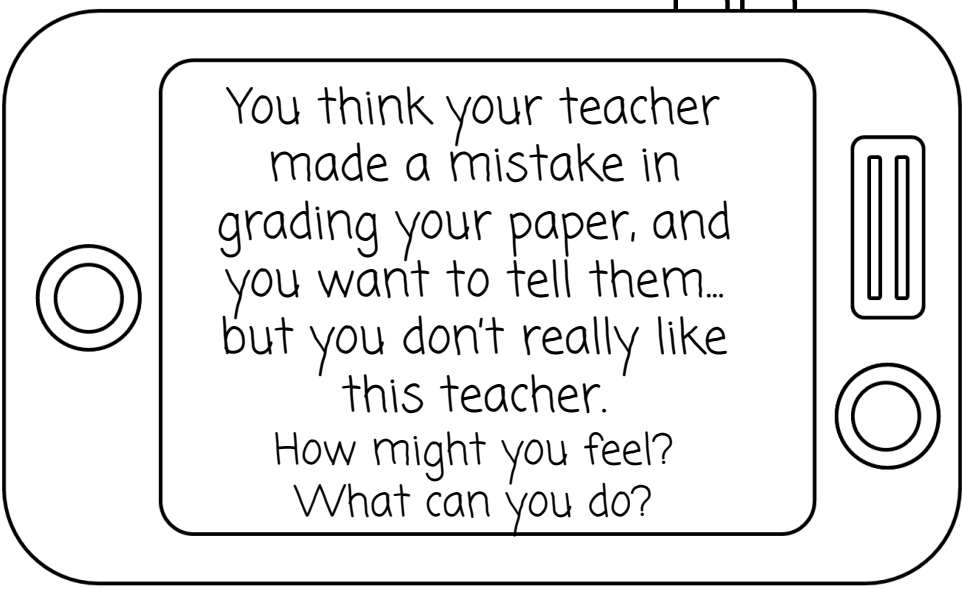
It's your first day at a new school, and you're not sure where to sit at lunch because you don't know anyone.

How might you feel?
What can you do?



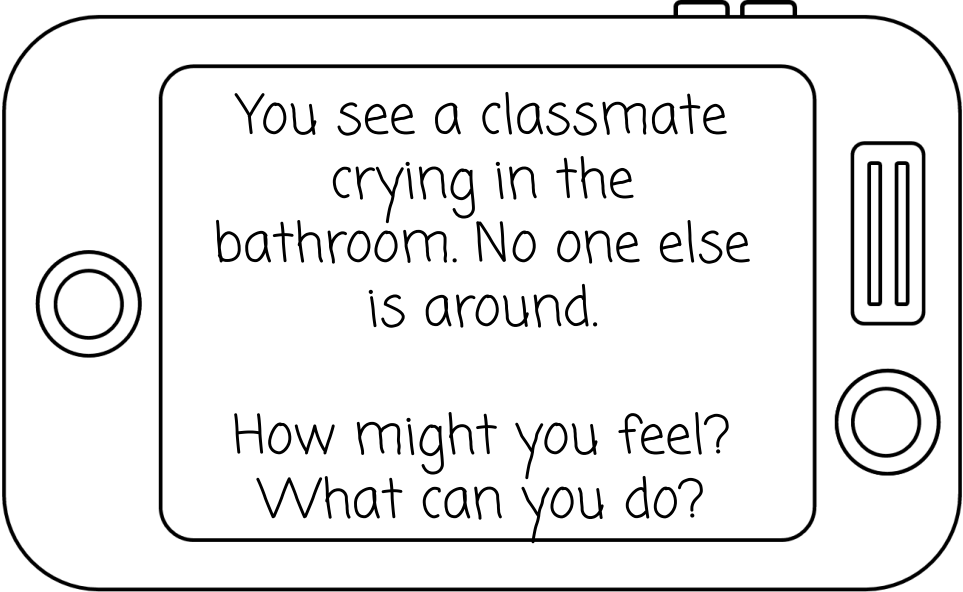
You're working on a group project, but your group members aren't putting in much effort.

How might you feel?
What can you do?



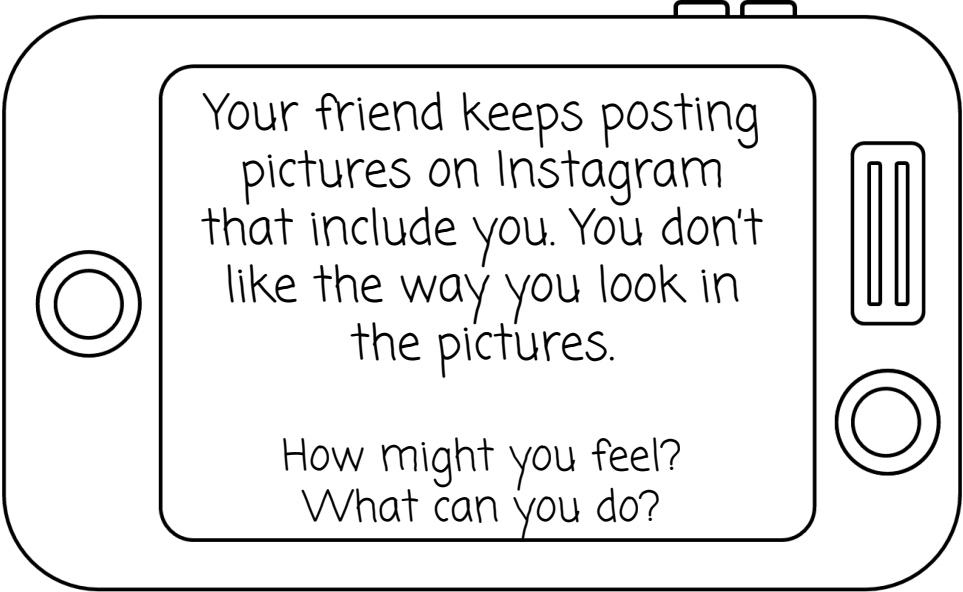
You think your teacher made a mistake in grading your paper, and you want to tell them... but you don't really like this teacher.

How might you feel?
What can you do?



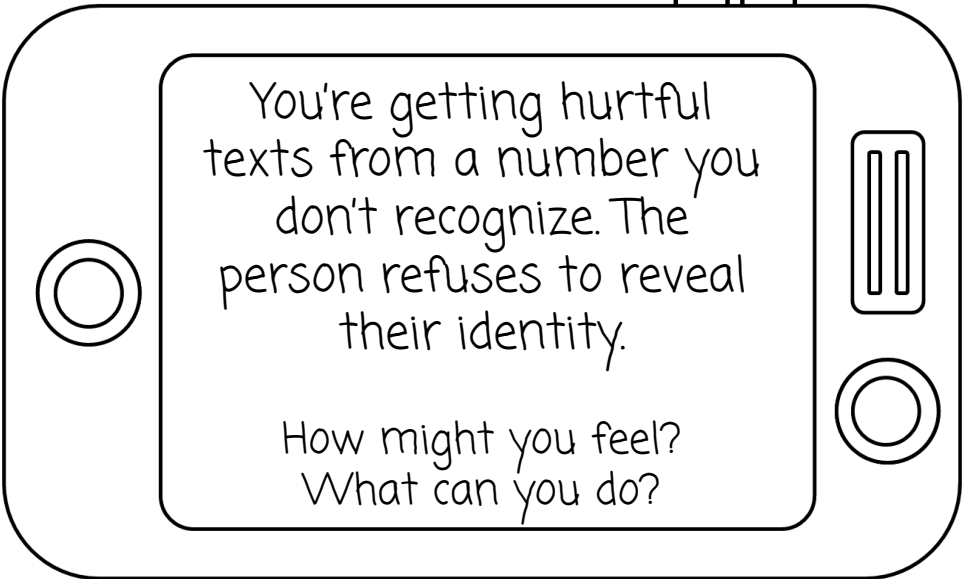
You see a classmate
crying in the
bathroom. No one else
is around.

How might you feel?
What can you do?



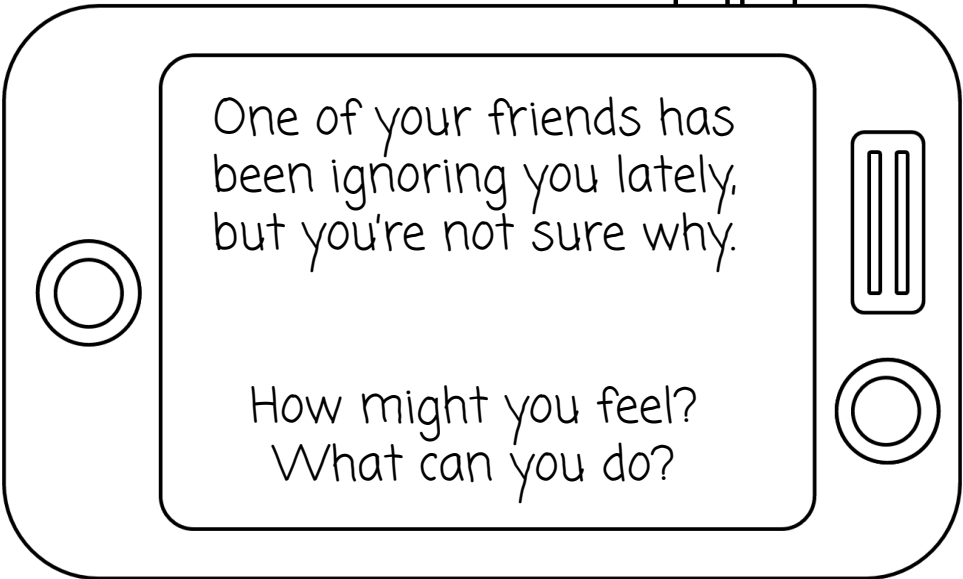
Your friend keeps posting
pictures on Instagram
that include you. You don't
like the way you look in
the pictures.

How might you feel?
What can you do?



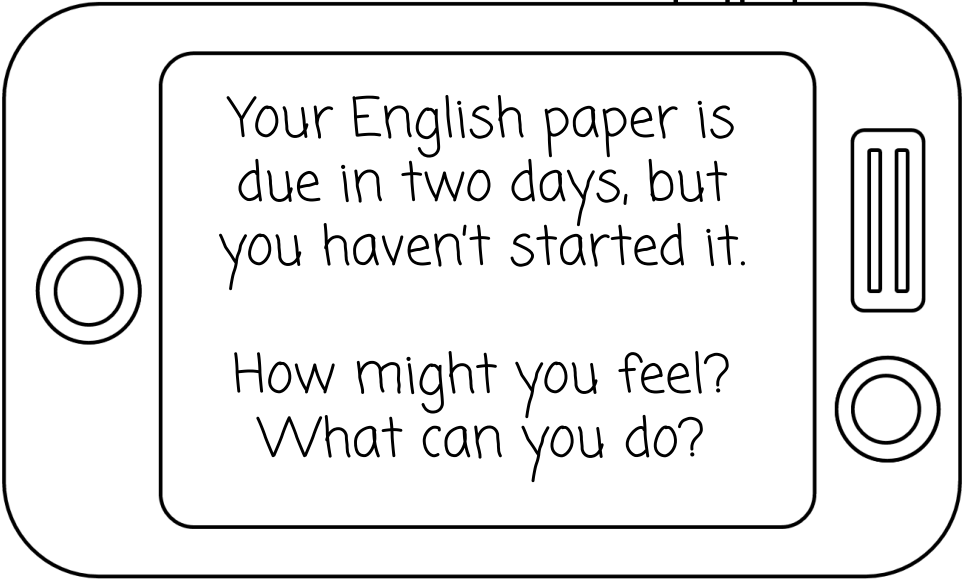
You're getting hurtful
texts from a number you
don't recognize. The
person refuses to reveal
their identity.

How might you feel?
What can you do?



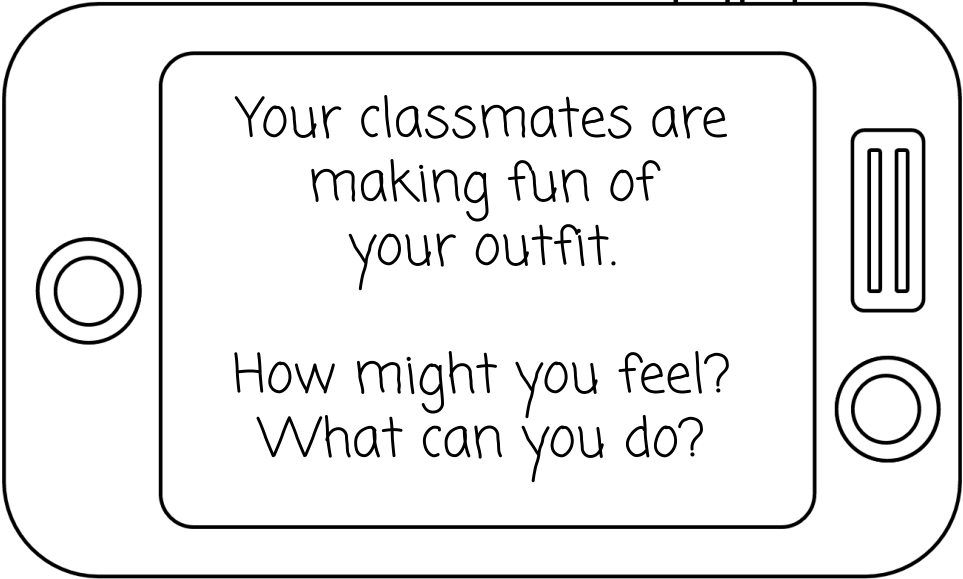
One of your friends has
been ignoring you lately,
but you're not sure why.

How might you feel?
What can you do?



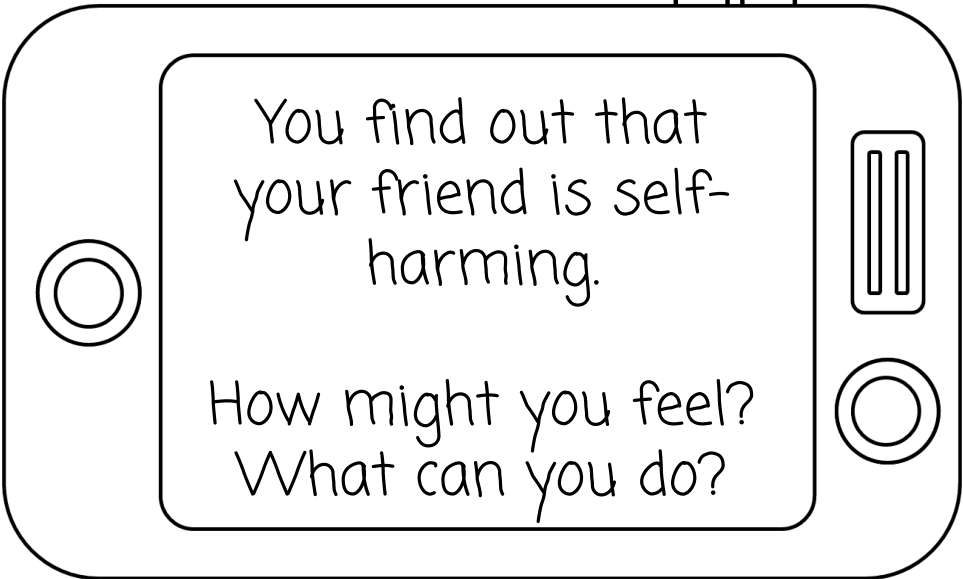
Your English paper is due in two days, but you haven't started it.

How might you feel?
What can you do?



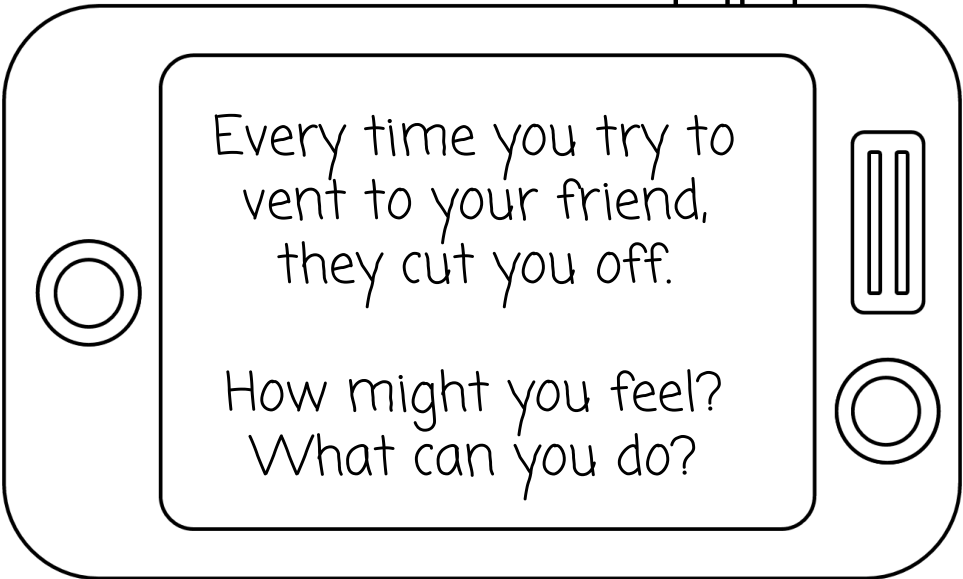
Your classmates are making fun of your outfit.

How might you feel?
What can you do?




You find out that your friend is self-harming.

How might you feel?
What can you do?



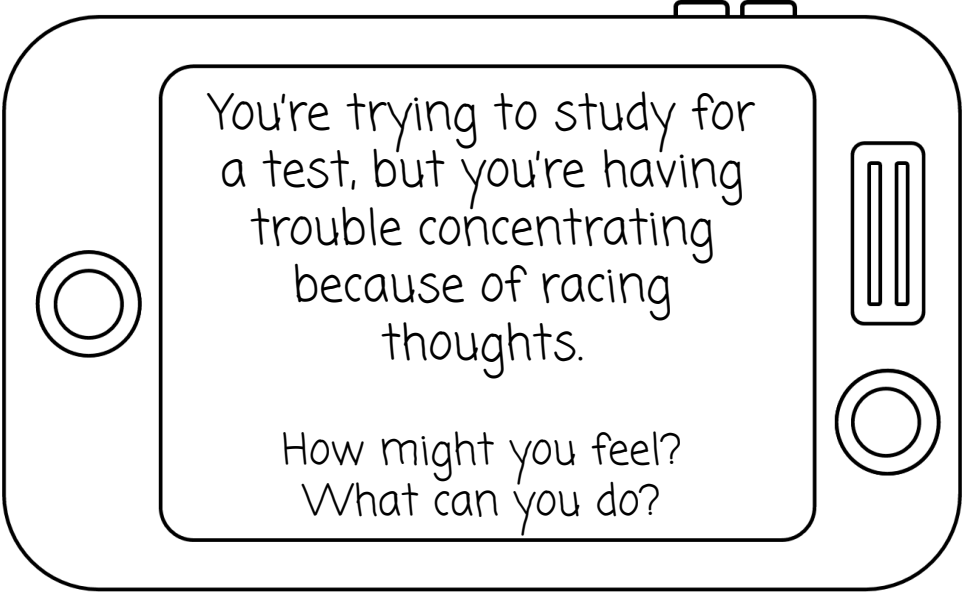
Every time you try to vent to your friend, they cut you off.

How might you feel?
What can you do?



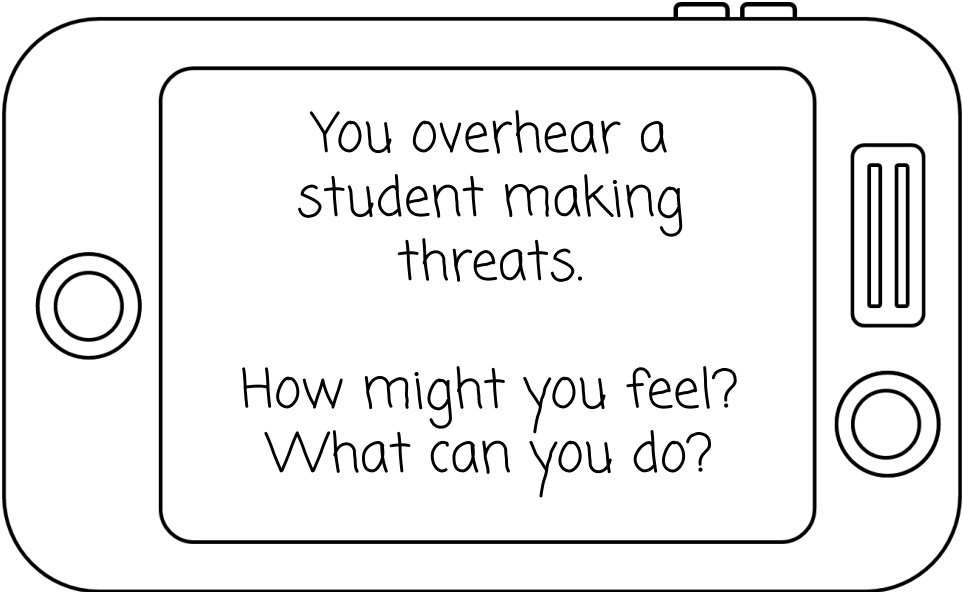
You accidentally let it slip to a classmate that your friend has a crush on them. Your friend didn't want you to tell anyone.

How might you feel?
What can you do?




You're trying to study for a test, but you're having trouble concentrating because of racing thoughts.

How might you feel?
What can you do?




You overhear a student making threats.

How might you feel?
What can you do?



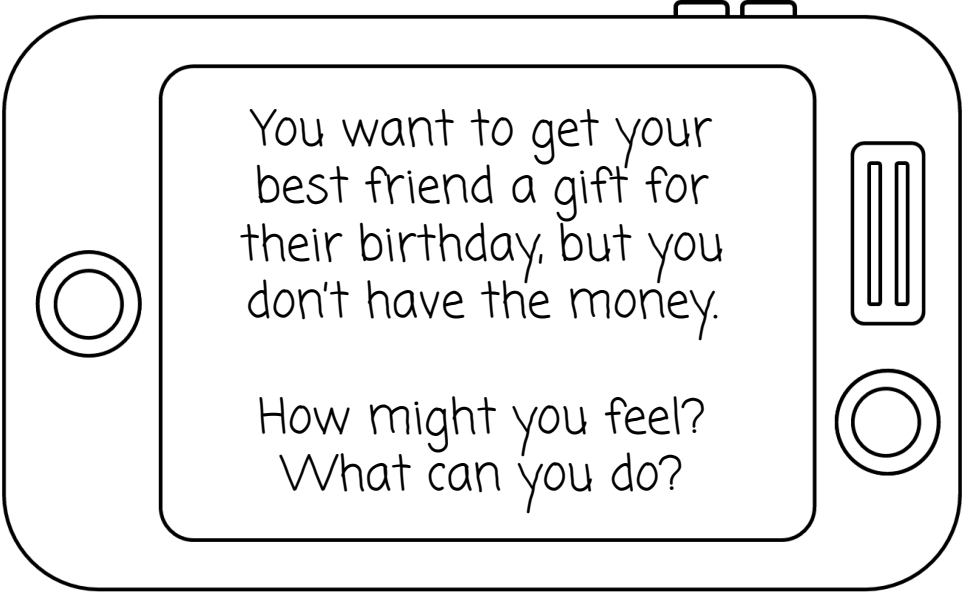
You're at the mall with your friend, but they ditch you for their boyfriend/girlfriend.

How might you feel?
What can you do?




You want to be left alone, but your sibling keeps coming into your bedroom.

How might you feel?
What can you do?



You want to get your best friend a gift for their birthday, but you don't have the money.

How might you feel?
What can you do?



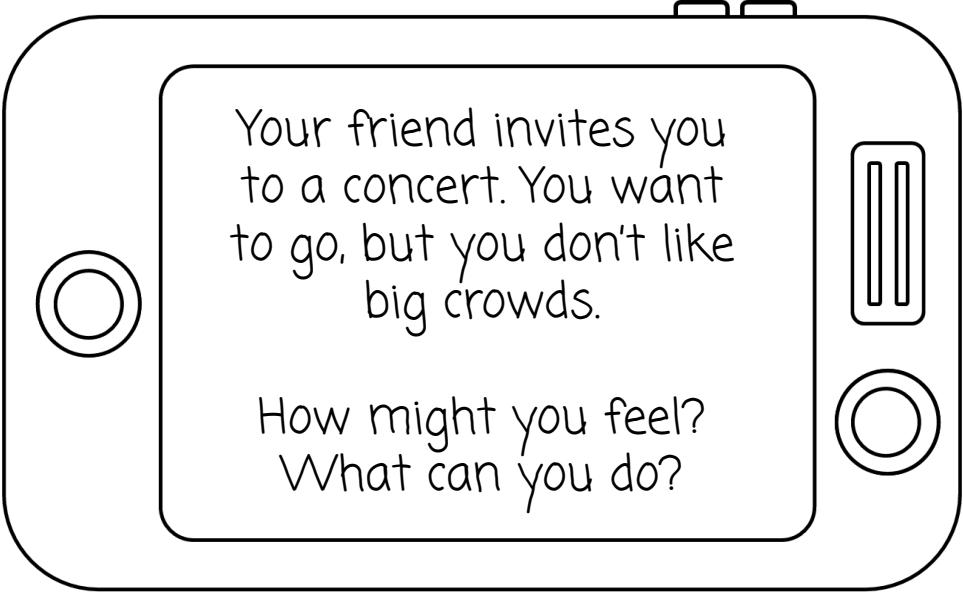
Your parents have been fighting a lot, and you don't know why. They seem angry & annoyed lately.

How might you feel?
What can you do?



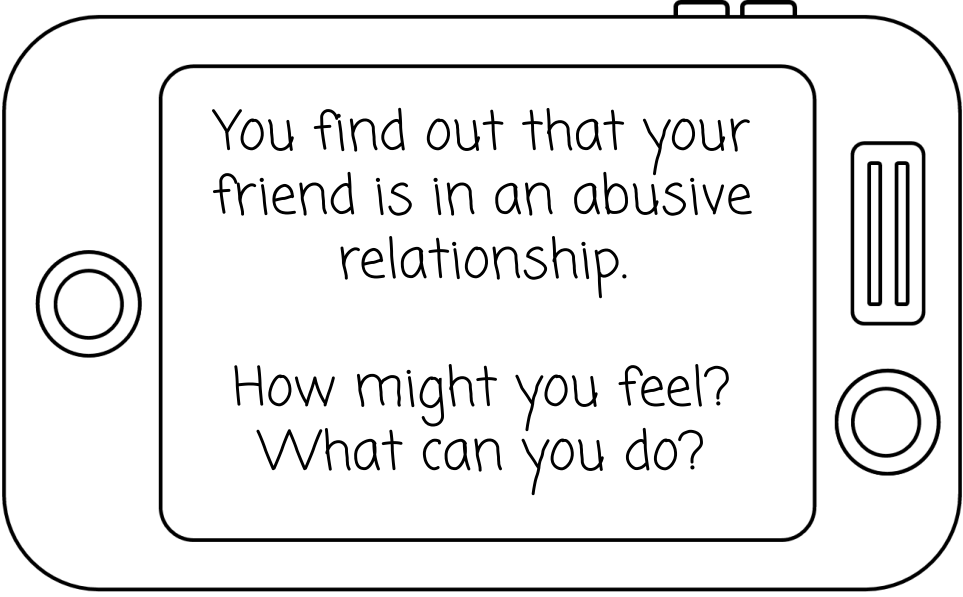
You're getting bullied on social media by strangers.

How might you feel?
What can you do?



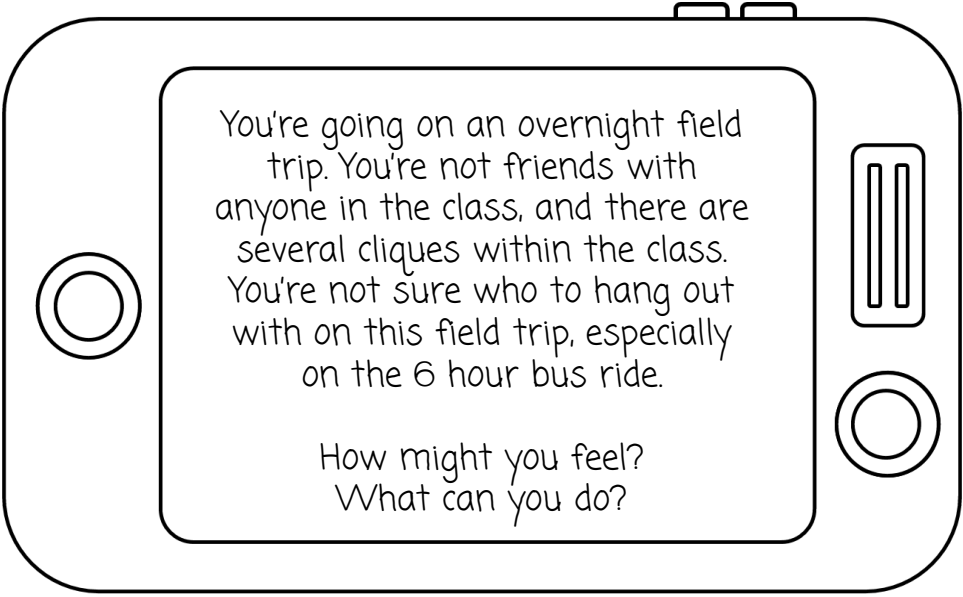
Your friend invites you to a concert. You want to go, but you don't like big crowds.

How might you feel?
What can you do?



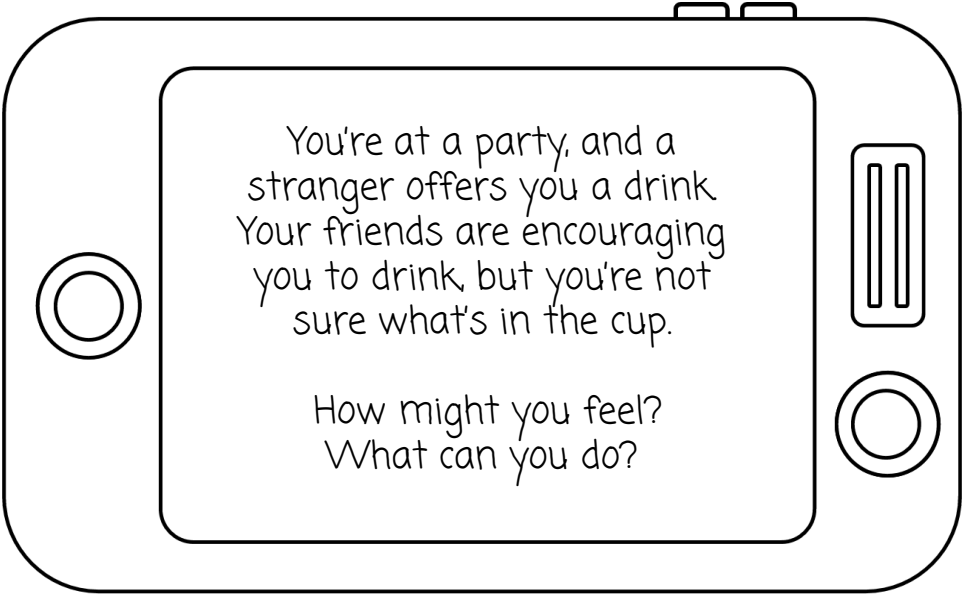
You find out that your friend is in an abusive relationship.

How might you feel?
What can you do?



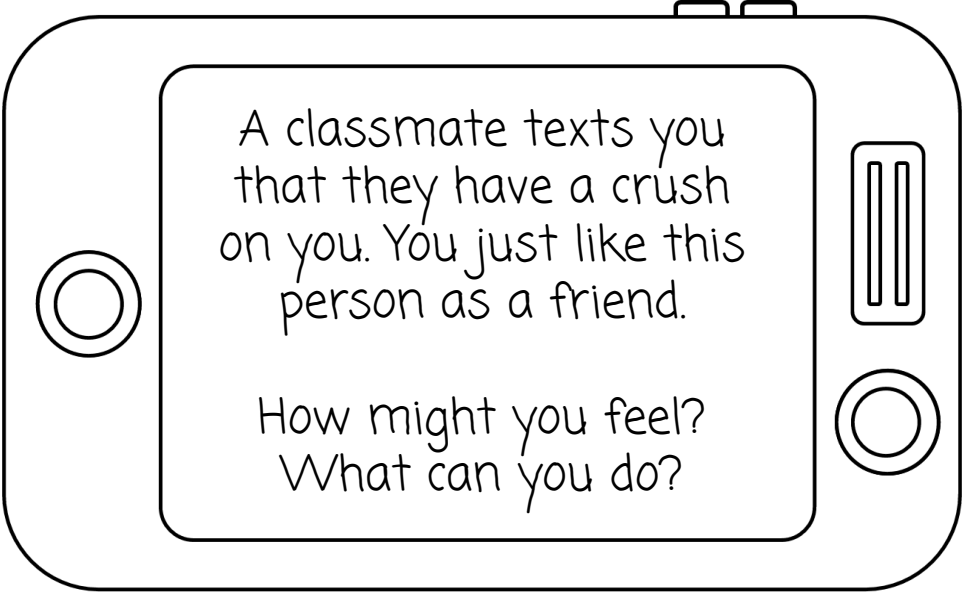
You're going on an overnight field trip. You're not friends with anyone in the class, and there are several cliques within the class. You're not sure who to hang out with on this field trip, especially on the 6 hour bus ride.

How might you feel?
What can you do?



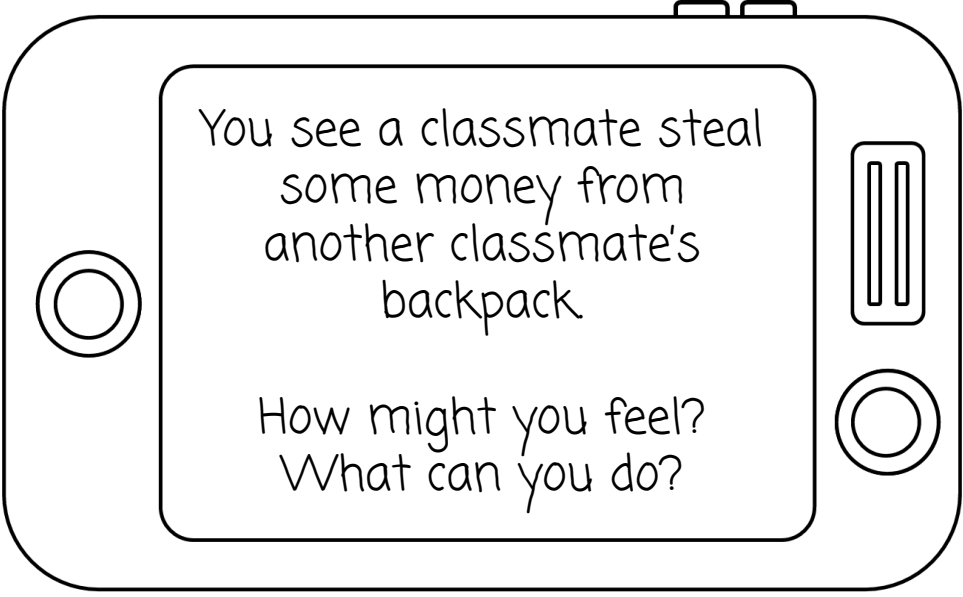
You're at a party, and a stranger offers you a drink. Your friends are encouraging you to drink, but you're not sure what's in the cup.

How might you feel?
What can you do?



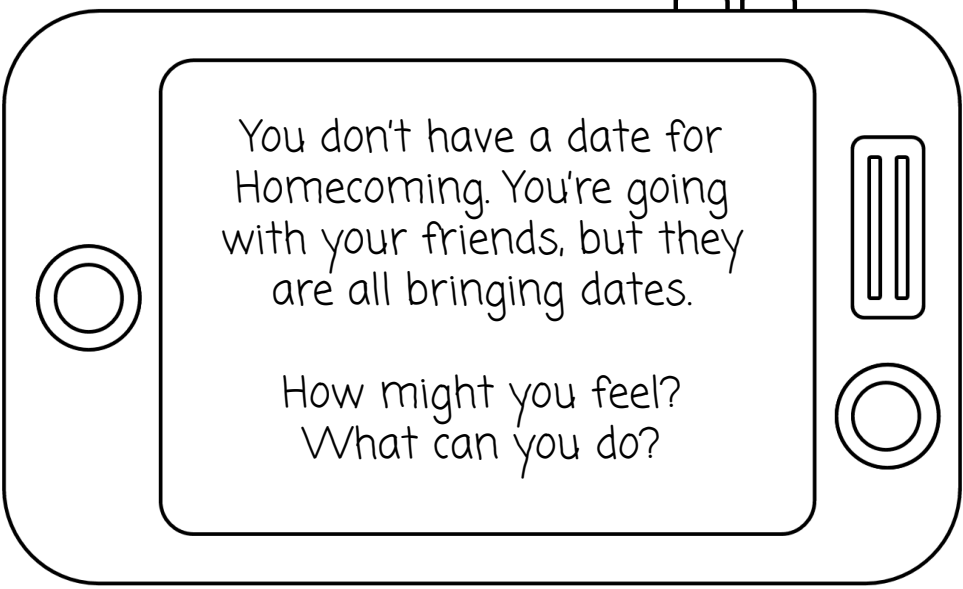
A classmate texts you that they have a crush on you. You just like this person as a friend.

How might you feel?
What can you do?



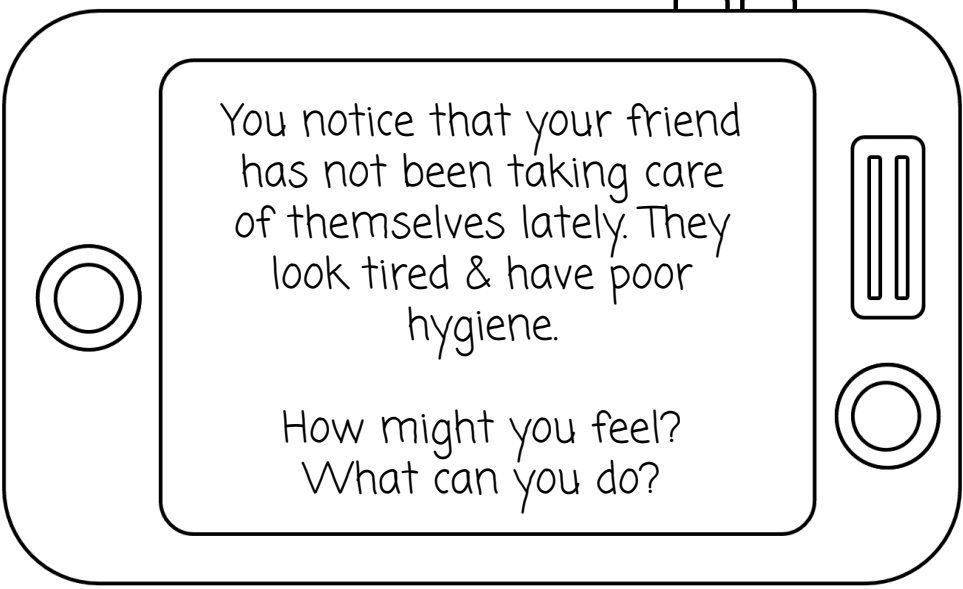
You see a classmate steal some money from another classmate's backpack.

How might you feel?
What can you do?



You don't have a date for Homecoming. You're going with your friends, but they are all bringing dates.

How might you feel?
What can you do?



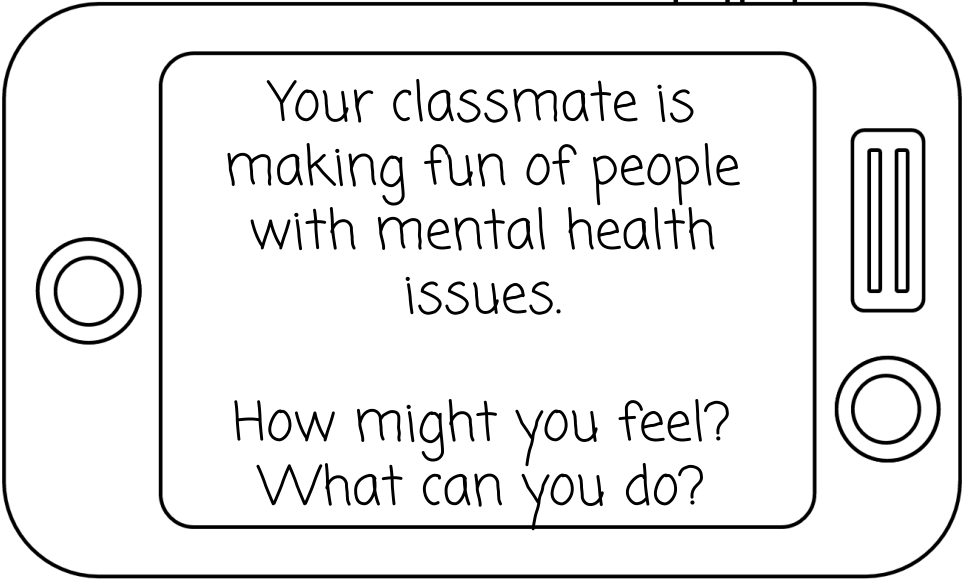
You notice that your friend has not been taking care of themselves lately. They look tired & have poor hygiene.

How might you feel?
What can you do?



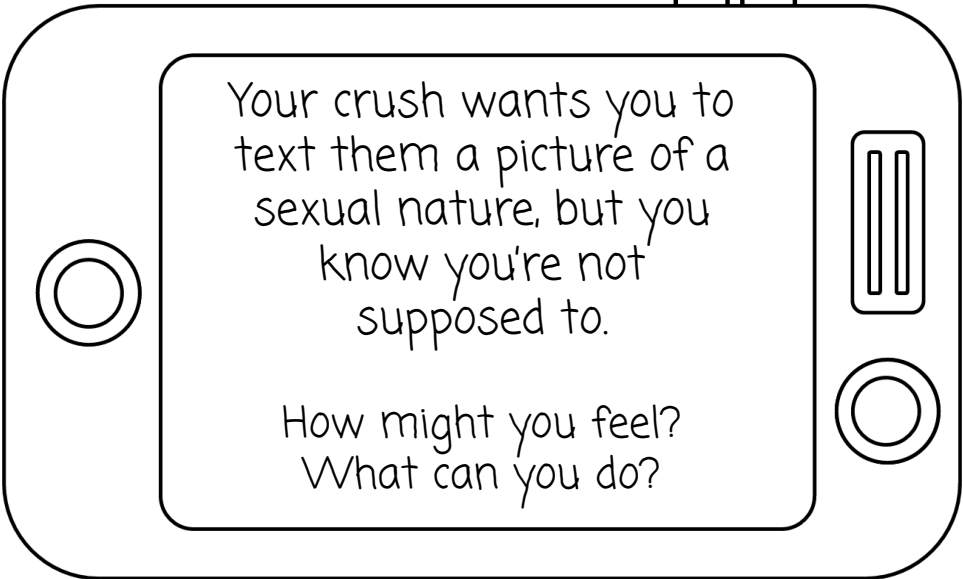
You're at a party with your friend. They seem intoxicated, but they're supposed to drive you home.

How might you feel?
What can you do?



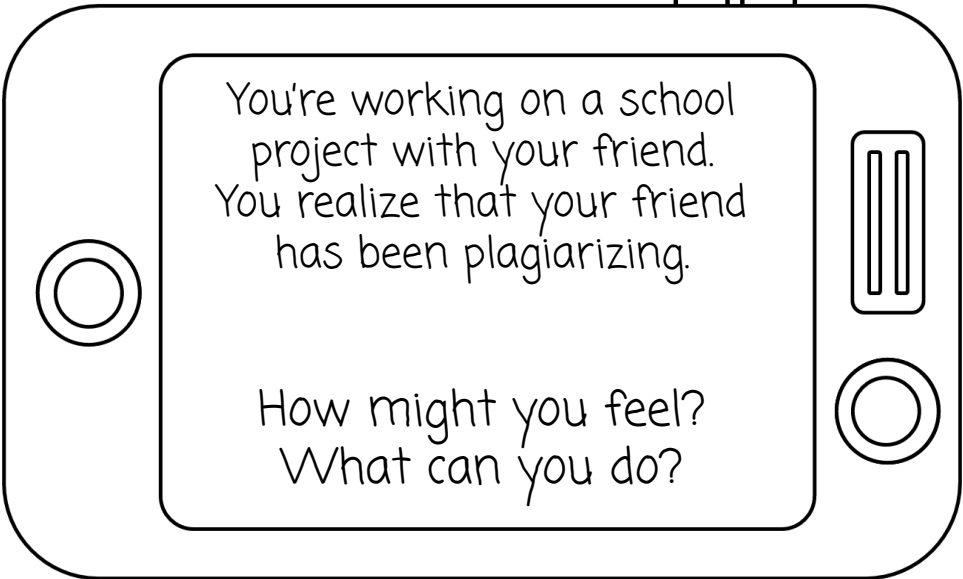
Your classmate is making fun of people with mental health issues.

How might you feel?
What can you do?



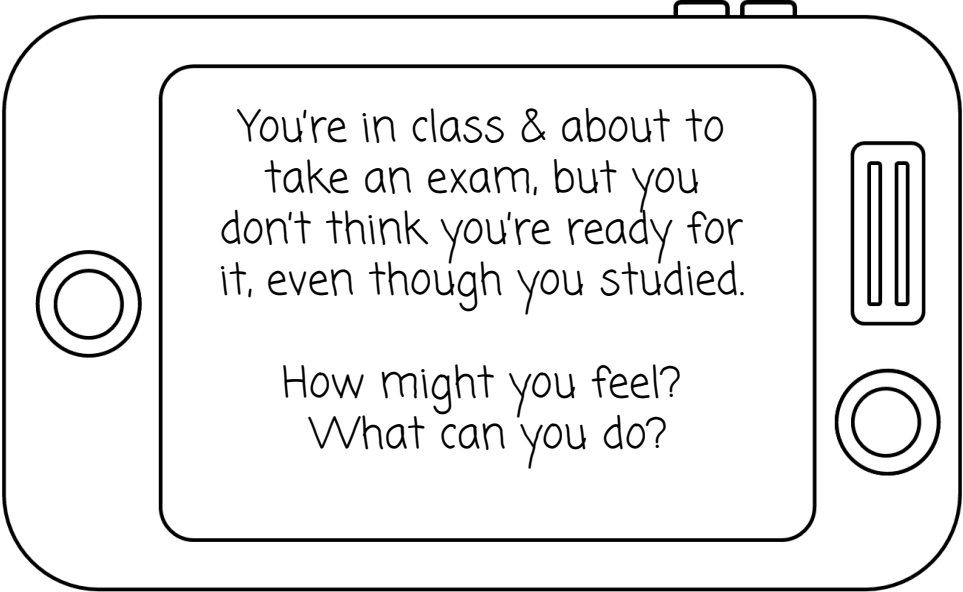
Your crush wants you to text them a picture of a sexual nature, but you know you're not supposed to.

How might you feel?
What can you do?



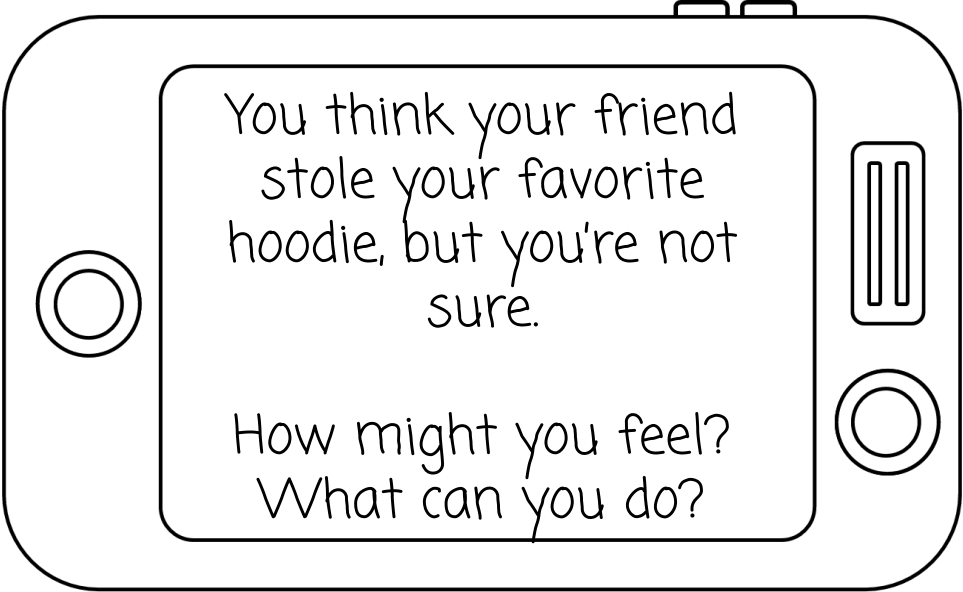
You're working on a school project with your friend. You realize that your friend has been plagiarizing.

How might you feel?
What can you do?



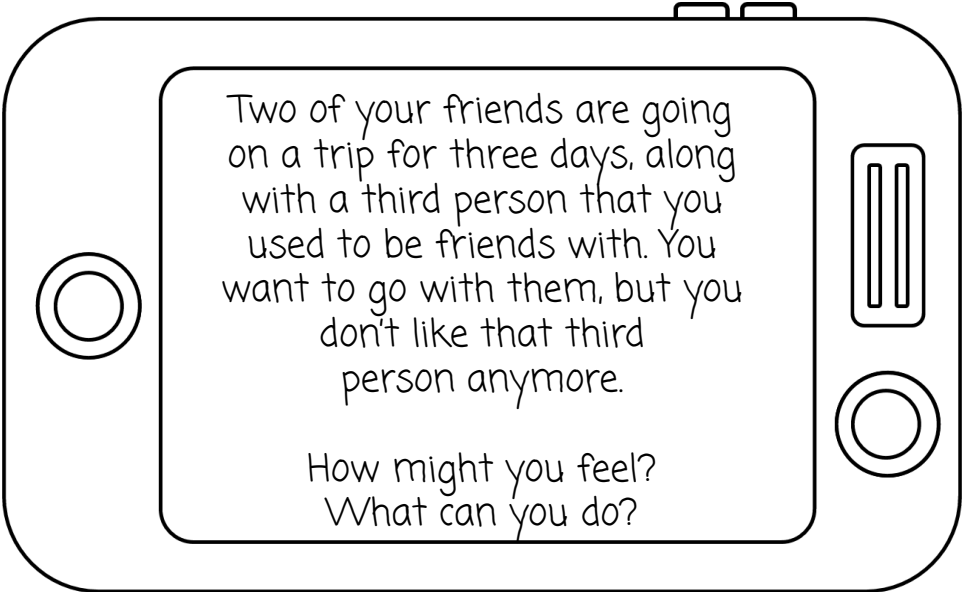
You're in class & about to take an exam, but you don't think you're ready for it, even though you studied.

How might you feel?
What can you do?



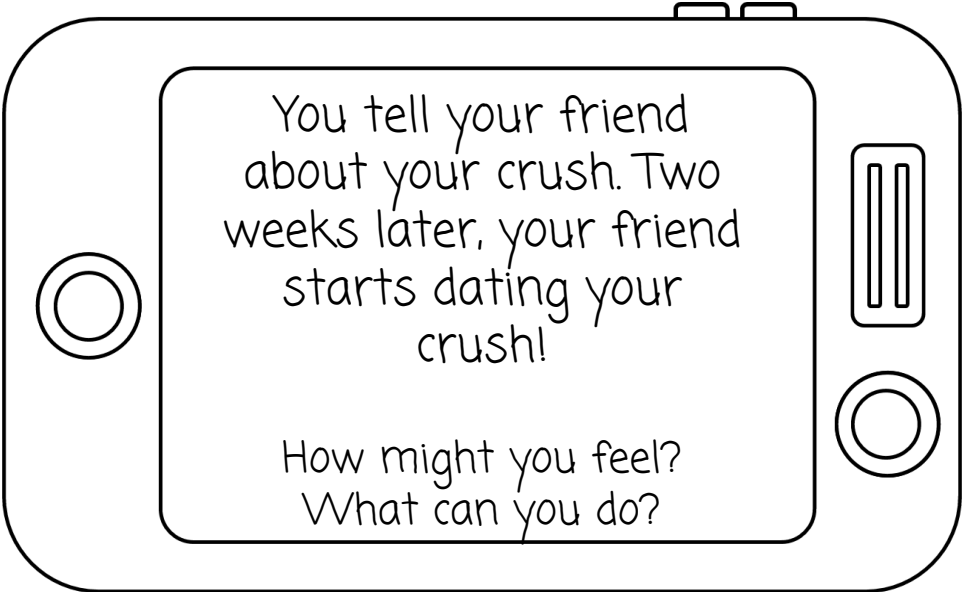
You think your friend stole your favorite hoodie, but you're not sure.

How might you feel?
What can you do?



Two of your friends are going on a trip for three days, along with a third person that you used to be friends with. You want to go with them, but you don't like that third person anymore.

How might you feel?
What can you do?



You tell your friend about your crush. Two weeks later, your friend starts dating your crush!

How might you feel?
What can you do?

credits

MSGold123

-Thank you for the colorful iPad templates!

Audrums

-Thank you for the phones!