

Task Cards:

Peer Pressure

(for children)

After client/group member reads their card, they can answer the following:

- How might you feel?
- What can you do/say?
- Why do you think you are being pressured by your peer(s) to do this?



You are playing “Truth or Dare” with your friends. They dare you to steal something from your teacher’s desk.



You’re eating lunch with your friends in the school cafeteria. There is an empty seat next to you, and a new classmate is walking over. Your friends don’t want you to let her sit in the empty seat because they think she is “weird”.



Your friends are making videos in which they use bad language and make fun of people of different cultures. They post the videos on YouTube, and they want you to make a video, too.



You are at a zoo on a field trip. Your friends keep telling you to pet the animals. You know you are not supposed to touch them.



Your friends are at your house. They are looking through your fridge, and they find a can of beer. They each take a sip and tell you to take a sip, too.



Your classmates are bullying a younger kid at recess, and they are egging you to join in and dump your water on the kid's head.



Your parents tell you that you cannot use Instagram until you are older. Your friends tell you to create an account and keep it "a secret".



Your friend is in a different class than you, and he has to write an essay. You had the same assignment last year, and your friend wants to copy your essay because you got an "A".



Two of your classmates ask you to distract your teacher so they can steal her phone.



Your friends are planning a prank, and they want you to help out. You love playing pranks, but this one seems pretty cruel.



Your teacher tells you that you must come to the classroom after lunch because she needs to speak with you. Your classmates tell you to ignore her and come play with them at recess.



Some kids in your neighborhood are writing curse words on the sidewalk with chalk, and they want you to do the same.



You are at your friend's house, and he keeps telling you that he wants to watch an R rated movie, even though you know you are not supposed to.



You're talking to some older kids in your neighborhood, and they are smoking. They hand you a cigarette and tell you to try it.



You and your friend are about to play a game against two of your classmates. Your friend knows some ways to cheat in this game, and she tells you that you and her should cheat so you can win.



You are at a store with your friend and his mom. While his mom is using the restroom, he starts to steal some toys, and he asks you to hide them in your jacket.



Your friends are at your house. They are jumping off the roof into the pool. They dare you to jump, too.



You see a weapon in your classmate's backpack. He tells you not to "tattletale" and that "it's no big deal!"



You are playing in your backyard. Some kids in your neighborhood want you to come over to their house to play video games. You know you are not supposed to leave the backyard, but they call you a "baby" and tell you to come.



Your friends tell you to give the "silent treatment" to a new kid at school because they don't like her.



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Credits



[Workaholic NBCT](#)

-Thank you for the tablets!

