Icebreaker—My Music Match! 🎵

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Instructions

• Cut out lyrics/phones
• Give one line to each group member
• Group members will have to find their “match” (their lyrics must belong to the same song!)

• Once the group members find their “match”, have them ask each other a question. It can be relevant to therapy (i.e. “What is your favorite coping tool?”) or it can be something random (i.e. “If you could live anywhere in the world, where would it be?”) They can then share their match’s answer with the rest of group.

• You can also see if each pair can name the title of their song (and the artist that sings it)!

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Songs

1. Shake It Off by Taylor Swift
2. Bad Blood by Taylor Swift
3. Can’t Stop The Feeling by Justin Timberlake
4. Can’t Feel My Face by The Weeknd
5. Call Me Maybe by Carly Rae Jepsen
6. Work by Rihanna
7. Closer by The Chainsmokers ft. Halsey
8. Roar by Katy Perry
9. Hot n Cold by Katy Perry
10. See You Again by Wiz Khalifa ft. Charlie Puth
11. Hello by Adele
12. Single Ladies by Beyonce
13. I Gotta Feeling by The Black Eyed Peas
14. What Makes You Beautiful by One Direction
15. Stressed Out by Twenty One Pilots
16. Thinking Out Loud by Ed Sheeran
17. Perfect by Ed Sheeran
18. Thunder by Imagine Dragons
19. When I Was Your Man by Bruno Mars
20. Need You Now by Lady Antebellum
21. Cheap Thrills by Sia
22. Dynamite by Taio Cruz
23. In My Blood by Shawn Mendes
24. Somebody That I Used to Know by Gotye ft. Kimbra
25. Love Yourself by Justin Bieber

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Shake It Off
By Taylor Swift

Heart-breakers gonna break, break, break, break, break, break

And the fakers gonna fake, fake, fake, fake, fake, fake

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'Cause baby now we got bad blood

You know it used to be mad love
Can’t Stop The Feeling
By Justin Timberlake

I got this feelin' inside my bones

It goes electric, wavy when I turn it on
Can’t Feel My Face
By The Weeknd

And I know she’ll be the death of me, at least we’ll both be numb

And she’ll always get the best of me, the worst is yet to come

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Hey, I just met you and this is crazy

But here’s my number, so call me maybe
Work
By Rihanna

I will never, no never neglect you

I mean who am I to hold your past against you
I know it breaks your heart

Moved to the city in a broke down car
Roar
By Katy Perry

I got the eye of the tiger, a fighter, dancing through the fire

'Cause I am a champion, and you're gonna hear me roar

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Hot n Cold
By Katy Perry

You're in then you're out

You're up then you're down

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See You Again
By Wiz Khalifa ft. Charlie Puth

It's been a long day
without you my friend

And I'll tell you all about it when I see you again

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Hello
By Adele

To tell you I'm sorry for everything that I've done

But when I call you never seem to be home
'Cause you had your turn, but now you gon' learn

What it really feels like to miss me
I Gotta Feeling
By The Black Eyed Peas

Cause I gotta feeling,
woohoo

That tonight's gonna be a good night
Baby you light up my world like nobody else

The way that you flip your hair gets me overwhelmed
Stressed Out
By Twenty One Pilots

Wish we could turn back time, to the good old days

When our momma sang us to sleep but now we’re stressed out
Thinking Out Loud
By Ed Sheeran

Take me into your loving arms

Kiss me under the light of a thousand stars
Perfect

By Ed Sheeran

When you said you looked a mess, I whispered underneath my breath

But you heard it, darling, you look perfect tonight
Thunder
By Imagine Dragons

Now I'm smiling from the stage while

You were clapping in the nose bleeds

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When I Was Your Man
By Bruno Mars

Now my baby's dancing

But she's dancing with another man
Need You Now
By Lady Antebellum

It's a quarter after one, I'm all alone and I need you now

Said I wouldn't call but I lost all control and I need you now
Come on, come on, turn the radio on

It's Friday night and I won't be long
Dynamite
By Taio Cruz

I throw my hands up in the air sometimes
Saying "Ayo! Gotta let go!"
Sometimes I feel like giving up

No medicine is strong enough
Somebody That I Used To Know
By Gotye ft. Kimbra

No, you didn't have to stoop so low

Have your friends collect your records and then change your number

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Love Yourself
By Justin Bieber

And I didn't wanna write a song 'cause I didn't want anyone thinking I still care

I don't but you still hit my phone up

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