Group Therapy Rules

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-If a group member leaves group for a second time in one session, he/she must wait outside until that group is over.

*There are exceptions to this rule (i.e. emergencies, medical needs, etc.)

- -Group members cannot turn the couches into their own personal beds! No sleeping...
 - *There are exceptions to this rule (i.e. drowsy from new meds, insomnia, etc.)
- -Be respectful. Some people do not like cursing, so keep that in mind.
- -If a group member eats in group, he/she must be as quiet as possible. Any trash must go in the garbage can.
- -Do not talk over group members, and do not engage in side conversations.
- -No bullying!